

# Open Enrollment Hub

## Open Enrollment October 19 – November 11

Open Enrollment is the only period of time during which you can make changes to your medical, dental, and flexible spending plans without a [status change](#). If you do not wish to make a change or enroll in medical or dental insurance, you do not need to do anything. However, if you wish to participate in the flexible spending plan, you must enroll each year. Employees with an FTE of 0.6 or greater are eligible for benefits.

See the information below for what you can do to make sure you're ready for Open Enrollment.

If you are a St. Luke's employee in the UFCW union, call 218-728-8319 with questions on the insurance available to you.

**Open Enrollment elections must be submitted no later than Friday, November 11, 2022.**

**NO EXCEPTIONS!**

### Review

- The **Open Enrollment Packet** emailed to you.
- [Important Plan Changes](#)
- [What You Need to Know for Open Enrollment](#) video

### Attend

- **Employee Medical Insurance Forums** at St. Luke's on 10/17 or 10/18
- Benefits Fair at St. Luke's Hospital on 10/19
- [Benefit visits at off campus locations](#)

### Elect

Click [HERE](#) for Open Enrollment Forms!

**Deadline for Open Enrollment Elections: 11/11 NO EXCEPTIONS!**

## Open Enrollment Resources

### Medical Insurance

- [Choose the Best Medical Plan for Your Needs](#)
- [High Value Network \(HVN\)](#)
- [Medical Plan Comparison](#)
- [Omada](#)
- [Plan Price Comparison Worksheet](#)
- [Member Resource Guide](#)

### Dental Insurance

- [Dental Plan Highlights](#)
- [Make the Most of Your Benefits](#)
- [Preventative Care](#)
- [Your Heart and Oral Health](#)
- [Diabetes and Oral Health](#)

### HSA & Flexible Spending

#### HSA

- [HSA Essential Guide](#)
- [HSA Eligible Expense List](#)
- [Investments Essential Guide](#)

#### FSA

- [Medical FSA Essential Guide](#)
- [Dependent Care FSA Essential Guide](#)
- [FSA Eligible Expense List](#)

### Wellness

- [Employee Wellness Program Overview](#)
- [WW Flyer](#)
- [Quitting Tobacco](#)
- [Employee Wellness Facebook Page](#)

### Employee Assistance Program

- [EAP Orientation Video](#)
- [50 Ways to Use Your EAP](#)
- [Managing When the Stress Doesn't Go Away](#)
- [Self-Care and Resiliency at Work](#)

### Life & Disability Insurance

- Update your beneficiary designations
- [Beneficiary FAQ](#)
  - [Life Insurance Beneficiary Form](#)
- See My Info in Kronos for coverage details
- [Life Insurance Calculator](#)

### Retirement

- [Managing Your Account](#)
- [Make the Most of Your Retirement Plan](#)
- [Get Started and Save for the Future You](#)
- [Take the First Step to Investing](#)

**[CLICK HERE](#) to enter the prize drawing!**

Drawings will be held weekly until the end of Open Enrollment, November 11.