

2023 ANNUAL REPORT

The
Good
That Follows



Our Mission

St. Luke's Foundation provides innovative support to advance compassionate patient care, research and community health.



Dear Friends,

There's deep meaning in "The Good That Follows," and it emanates from you – our donors.

The good that comes through your philanthropy is demonstrated in the following pages, beginning with the Bush Foundation's \$1.7 million grant to establish our Plus One Doula Program, continuing with our Spirit of St. Luke's employee giving program, and the support for our new intensive care unit. Stories like Hot Dog Day, Northland Bikers for Breast Cancer Awareness and the Lemonade Girls inspire more than just those who benefit from their creative support. Every one of you has your own unique story of kindness which has positively impacted the lives of others.

For over 142 years, St. Luke's has been supporting our region, constantly evolving to best meet our patients' needs. That now means merging with Aspirus Health so we can continue to grow and serve you with the latest in technology and capabilities.

With all the necessary changes in health care, one thing remains the same: philanthropy. St. Luke's Foundation will stay unchanged, in name, mission and focus. As always, your support will remain in our region and as you direct.

It all began with donors in 1881 and continues to evolve through your goodness so all that follows shines brighter.

Thank you for your steadfast and strong compassion.

In Good Health,



Catherine Carter Huber

CATHERINE CARTER HUBER
Executive Director and
Chief Philanthropy Officer



JC Welles

JC WELLES
Chair, Board of Directors

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■ ABOUT US

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Luke's Birth Center

PICTURED LEFT TO
RIGHT: Dana
Morrison, Principal
Director of Doulas
of Duluth, Lori
Swanson, St. Luke's
Director of Women's
& Children's
Services, and
Mallory Cummings,
RN, St. Luke's
Maternal Child
Health Project
Manager.

***“This program is groundbreaking.
By offering scholarships to cover most or all of the cost,
we are cutting the financial barrier to create a culture shift.”***

**MALLORY CUMMINGS, RN, ST. LUKE'S MATERNAL CHILD HEALTH PROJECT MANAGER
& PLUS ONE DOULA PROGRAM COORDINATOR**

Building Roads to Equitable Care

■ A 6-year, \$1.7 million grant from the Bush Foundation creates access to care through the Plus One Doula Program

A few years ago, Mallory Cummings, St. Luke's Maternal Child Health Project Manager, was in a St. Luke's Birthing Center meeting discussing how to decrease the need for Caesarean sections in low-risk pregnancies. "I did the research, and evidence clearly showed that perinatal outcomes improve when there's a doula involved."

As trained professionals on the birth team, doulas support and assist expectant parents through pregnancy, birth and postpartum. Evidence shows doulas can improve birth outcomes, experiences and reduce negative outcomes during childbirth. Patients with a doula progress more quickly in labor, require fewer interventions such as epidurals, are less likely to have complications during labor, and in the case of low-risk pregnancies, have up to a 40% reduced chance of needing a C-section.

The benefits of a doula were clear, but at that time, doulas were paid by the patients, making them available only to people who could afford their services.

Cummings approached Dana Morrison, Principal Director of Doulas of Duluth, and began a collaborative effort to figure out how to make doulas more affordable for St. Luke's patients, particularly those in underserved populations.



The Bush Foundation, St. Luke's, Doulas of Duluth and our community came together to launch the Plus One Doula Program.

"Doulas provide a lot of emotional and logistical support," says Lori Swanson, St. Luke's Director of Women's & Children's Services. "They are the liaison and the connector, a professional birth worker in the middle space between the patient and traditional health care."

In 2023, the Bush Foundation awarded a 6-year, \$1.7 million

grant to fund the collaboration to transform and advance birth equity. The grant provides partial or full scholarships to patients wanting to hire a doula.

"Until now, only people in our community who could pay privately for a doula were able to utilize this type of education and support through their birthing experience," says Morrison. "This gives everyone access to this care. It boils down to birth equity creating a strong community impact."

The Bush Foundation agrees. "We believe the doula program at St. Luke's has the potential to transform and advance birth equity in Northeastern Minnesota and across marginalized populations," says Mattie DeCarlo, grantmaking officer at the Bush Foundation. "While more than half a dozen hospital-based doula programs exist across the nation, there isn't a model like St. Luke's. As they develop and test this new model, it could change access to doulas around the region and beyond."

2023 GRANTS

St. Luke's

Assistance to patients experiencing acute and/or emergent financial challenges through
St. Luke's Small Things Fund \$1,427

Assistance to employees experiencing financial crises due to personal hardships outside their control through the **St. Luke's Employee Compassion Fund** \$7,882

Framed photographs for patient areas from the **Foundation for Photo/Art in Hospitals** \$1,575

In-kind gifts in support of St. Luke's staff..... \$5,135

In-kind gifts for back-to-school backpack drive.....\$1,483

Artwork for 3rd floor hallway funded by the **Louise E. Weiss Memorial Fund**\$15,000

St. Luke's Access Center

Funding from UCare for staff position to remind patients of preventative and follow-up visits.....\$50,000

St. Luke's Breast Center

Recovery Care Bags for patients undergoing breast surgery.....\$5,009

Comfort pillows for breast surgery patients.....\$1,592

Support for 3D tomography screenings for patients \$576

St. Luke's Chaplaincy

Perinatal loss memorial at Oneota Cemetery.....\$6,227

St. Luke's Denfeld Medical Clinic

Framed photographs for patient areas from the **Foundation for Photo/Art in Hospitals**\$1,350

St. Luke's Education Department

Two pediatric education crash carts..... \$6,000

SimBaby for education simulation lab.....\$45,000

Support for "Ethics of Advance Care Planning - Cyclical Care" Biomedical Ethics Conference from the **Dr. Kay R. Lundberg Memorial Lecture Fund**.....\$2,000

St. Luke's Emergency Department

Blankets and stuffed animals to comfort pediatric patients..... \$10,976

St. Luke's Gastroenterology Associates

Continuing education for staff \$715

St. Luke's Home Care and Hospice Duluth*

Afghans, quilts and in-kind items for hospice patients.....\$4,888

Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless of the ability to pay for services**\$50,000**

Therapeutic foam mats, pill boxes, scales, “Gone From My Sight” and “The Eleventh Hour” booklets, wildflower seed packets and journals for the care and comfort of hospice patients and their families**\$1,430**

St. Luke's Intensive Care Unit

ICU Bereavement Program..... **\$10,000**

Support for St. Luke's ICU expansion courtesy of the 20th annual **Circle of Light****\$231,757**

St. Luke's Laboratory

Continuing education for staff**\$504**

St. Luke's Maternal Child Health Unit

Plus One Doula Program funded by the **Bush Foundation****\$31,822**

Knit hats, blankets and afghans for the Birthing Center**\$10,481**

In-kind gifts for patients in memory of Hailey Eastman from **The Lemonade Girls**..... **\$1,000**

Celebrating the last baby born in 2022 and the first baby born in 2023.....**\$150**

Support for Perinatal Loss Program from the **Lahti Family Foundation**.....**\$5,000**

Perinatal Loss Program supplies, staff bereavement training and memorial planter.....**\$3,567**

In-kind photography services for Perinatal Loss Program from **JaneCane Photography** **\$10,000**

Grief support through the **Emerson Runkle Fund**..... **\$718**

St. Luke's Mental Health Clinic

Five pocket talkers for patients with hearing difficulties.....**\$775**

St. Luke's OB-GYN Clinic

Social Determinants of Health (SDOH) Closet supplies..... **\$10,000**

In-kind donations to the SDOH Closet in memory of Hailey Eastman from **The Lemonade Girls**..... **\$1,000**

St. Luke's Pediatrics Unit/Pediatric Associates

Blankets, teddy bears, puzzles, pillowcases, books, games and clothing for pediatric patients.....**\$13,239**

In-kind gifts for patients in memory of Hailey Eastman from **The Lemonade Girls**..... **\$1,000**

2023 GRANTS

St. Luke's Regional Cancer Center

| | |
|---|-----------------|
| Gentle yoga supplies and classes for cancer patients ... | \$2,528 |
| In-kind gifts for patient care including hats, gift cards, scarves, and quilts | \$14,250 |
| Chemo Care Bag supplies, wigs, grocery cards and nutritional shakes for cancer patients | \$4,615 |
| Cancer survivorship lecture "Navigating Cancer: Get to Know the Team" | \$2,000 |
| Patient waiting area aquarium care..... | \$600 |
| Support for breast cancer patients through the Bowling to Beat Breast Cancer Compassionate Care Fund | \$1,446 |
| Support for breast cancer patients through the Circle of Hope Fund | \$1,237 |
| Support for cancer patients through the Cancer Care Transportation Fund | \$2,839 |
| Transportation support for cancer patients through the American Cancer Society | \$10,000 |
| Blankets for patients from The Leukemia & Lymphoma Society/Subaru Loves to Care | \$2,000 |

St. Luke's Inpatient Rehabilitation Unit

| | |
|--------------------------------------|--------------|
| In-kind gifts for patient care | \$335 |
|--------------------------------------|--------------|

St. Luke's Respiratory Care Department

| | |
|--|----------------|
| Continuing education, equipment, training and educational materials on the latest respiratory care for therapists funded by the Douglas H. and Judith H. Lewis Memorial Fund of the Duluth Superior Area Community Foundation | \$3,571 |
|--|----------------|

St. Luke's Surgical & Procedural Care Unit

| | |
|--|--------------|
| Port pillows for cancer surgery patients | \$204 |
|--|--------------|

St. Luke's Volunteers

| | |
|---|----------------|
| In-kind donations for patients on St. Luke's 3 West Inpatient Mental Health Unit..... | \$525 |
| C.A.R.E. television channel for patient rooms, cookies for families..... | \$3,070 |
| In-kind donations to Volunteer Services | \$2,010 |

St. Luke's Wellness Program

| | |
|--|----------------|
| Mental health offerings for healthcare professionals through the Minnesota Department of Health | \$3,229 |
|--|----------------|

Boys & Girls Club of the Northland

| | |
|--|----------------|
| Support for their Mental Health Access Program addressing the "Mental and Social Wellbeing" priority in the Community Health Needs Assessment..... | \$5,000 |
|--|----------------|

Chum

Support for homeless older adults at St. Francis Apartments addressing the "Housing" priority in the Community Health Needs Assessment..... **\$25,000**

Damiano Center

Support for their Community Kitchen program addressing the "Food Security" priority in the Community Health Needs Assessment..... **\$5,000**

Duluth Community Garden Program

Keeping their gardens accessible to the community addressing the "Food Security" priority in the Community Health Needs Assessment..... **\$5,000**

Eva Erickson Peterson Memorial Nursing Scholarship

Scholarship for a St. Luke's employee pursuing an RN degree or higher **\$1,000**

Gladys Eklund McKissack Nursing Scholarship

Scholarship for a St. Luke's employee to finance educational goals in pursuit of a nursing career **\$1,000**

Judy Bernhardt Memorial Nursing Scholarship

Scholarship for a St. Luke's employee pursuing an advanced level nursing degree..... **\$1,000**

Life House

General operating support to address the "Mental and Social Wellbeing" priority in the Community Health Needs Assessment..... **\$5,000**

St. Paul's Episcopal Church

Portable AED in honor of the founders of St. Luke's **\$1,870**

Stephen F. Kavajecz Nursing Scholarship

Scholarship for a St. Luke's employee pursuing an RN degree or higher **\$1,000**

Whiteside Institute for Clinical Research

Advancing clinical research in the areas of cancer, lung and heart disease **\$194,014**

■ **2023 TOTAL AWARDED = \$848,621**

- 37** Minnesota Power
- an ALLETE Company
- 36** North Shore Bank
- 35** Verna and Arend Sandbulte
Ben and Barry Wolfe
- 34** Don and Jo Ann Hoag
Wildey H. Mitchell Family Foundation
- 33** Helga Wallner
- 31** Lail Beste-Michelson
Jan Biga
Richard and Kathy Johnson
- 30** Anonymous
Allan L. Apter and Brenda Ion
- 29** Tom and Toni Kasell
Lynn and Dexter Nelson
- 28** Edna M. and H. Anna Jenks' Charitable
Fund of the Duluth Superior Area
Community Foundation
Kitty Jensen
Douglas H. and Judith H. Lewis
Memorial Fund of the Duluth
Superior Area Community
Foundation
Christy Mahoney
Muriel Whiteside Charitable
Trust Fund
Diane Vogel
Jon and Kathy Welles
- 26** Dr. Walt and Kay Gower
- 25** Dr. Susan and Stan Goltz
Doug and Jennifer Lewis
Micky Mullozzi
Brett and Kathy Osborne
- 24** Anonymous
Ann Clark
Jamar Company
Trinky and Dr. Robert Jarrett
Johnson, Killen & Seiler, P.A.
- 23** Kay and Tim Allen
Deb and Art Hoff
Laurie and David Johnson
Sandy J. Lanthier
Lizette and John Lawien
- Jan and Dan McCarthy
Julie Spangenberg
St. Luke's Volunteers
Susan Bachinski Winner
- 22** Dr. David and Nancy Choquette
Catherine Carter Huber and
Carl Huber
Bunnie Katich
Dr. David and Pat Mast
Todd and Melissa Scaia
Polly Vallie
Drs. John and Linda Van Etta
- 21** Allen Aho
Anonymous
Dr. Waldo and Suzanne Avello
Dr. Craig and Julie Gilbertson
Marla and Juhl Halvorson
Charles Jensen
Bruce Jessen and Dr. Gail Baldwin
Dr. Timothy and Carol Kleinschmidt
Dr. Jay and Julie Knuths
Marilyn and Allen Odean
ProPrint, Inc.
Dr. Paul and Ann Sanford
Anne Schapman
Donald and Elizabeth Stellmaker
Dick Swenson
Lee Ann Tomczyk
Terri Warzyn
- 20** Barb and Roger Boettcher
Dr. Mary Boylan and Patrick Maloney
Karen and Michael Cheslak
Millie and Dick DeBolt
Dr. Robert and Joyce Hickman
Lion Hotel Group
Pam and Ken Mertz
Security Jewelers
Marjorie Youngren
- 19** Anonymous
Tom and Carlyle Conrad
Drs. Joleen Finken and Mark Eginton
Elaine Haglund
Hall, Render, Killian, Heath & Lyman, PC
Linda and Dr. R. Fernando Roth
Jennifer Stark
Linda Tezak
Mary Wright
- 18** Mike and Char Boeselager
Citon Corporation
Renee Ebel
Dr. Jeffrey Evanson and Kristine
Canfield-Evanson
Lois Maine
Marilyn Melhus
Jacquelyn Paaso
Dr. Jake and Anya Powell
Roslyn Scott
Colleen Sievi
Scott and Shannon Studden
- 17** Anonymous
DECC
Jack and Nancy Eilefson
Mark and Heather Emmel
Carol Griak
Kathy Johnson
Suzy Johnson
Jane Kempton
Linda Lincowski
Nancy Mancini and Mike Hoops
Northland Plastic Surgery
Dr. Sandy and Geoff Popham
Jack and Cindy Seiler
Kimberly and Jeff Shingler
Kim and Jerrie Terhaar
Dr. Nick and Lynne Van Deelen
Kathleen Walkowiak
- 16** Denise and Dr. Mike Bussa
Rosemary Guttormsson
Jean M. Johnson
Rebecca Lindberg
Tom Lohman
Bonnie Matuseski
Thomas Nikkola
Father John Petrich
SFM - The Work Comp Specialists
- 15** Drs. Brian and Sheri Bergeron
Dr. Daniel and Mary Campbell
Joseph Garson
Edwin and Sherry Hall
Kristopher and Tara Haugen
Norma Johnson
Dr. Tom and Suzanne Kunze
Dana Ludwig
Dr. William Merrick

Jack F. and Mary E. Rowe
Charitable Lead Trust
Mary Stoj
Janet Udean

14 Anonymous
Bea Brune
Jim and Nancy Holmgren
Helena Jackson and Doug Dunham
Scott and Sue Lyons
New Scenic Café
Jennifer and Jim Wallner
Drs. Anne Whitworth and
David Kirby

13 Anonymous
Norman Jacobson
Carmen and Dr. Douglas Wendland

12 A.W. Kuettel & Sons, Inc.
Debra and Kevin Appel
Gladys Binette
Lurene Buhrmann

Shawn Burns
Consulting Radiologists, LTD
Country Craft Shed
Beverly and Gerald Cran
Duluth Huskies Baseball
ERDMAN
Wallace and Sandra Fontaine
Frost River Trading Co.
Captain Michelle Gardeski
Muriel Johannessen
Elaine Killen
Cristine Levenduski
Lizzards Art Gallery & Framing
Jane MacDougall
Tera Koivu
Pamela and Don Stauty
Ruth and Dale Thorpe
Stewart and Charlotte Vande Zande
Robert Zimmerman, Sr.

11 Anonymous
Zoran and Kim Bogojevic

John and Lynn Cloutier
Margaret Couillard
Kristen Fish
Angelica Fryberger
Jean Johnson-Foreman
Nancy Odden and Doug Britton
Richard Ouellette
Roni Salo
Lori and Matthew Swanson
Dr. Ruth Westra
JC and Katy Welles

10 Anonymous
Eva Bergman
Mike and Diana Dodge
Eric and Sophie Lohn
Donald MacKay
Members Cooperative Credit Union
Brian and Shelly Murphy
Oneida Commercial
Real Estate Services
Dr. Kevin and Ann Treacy

■ Yoga and Recharge Room

St. Luke's supports the mental and emotional well-being of our employees.

Two years ago, our Employee Wellness Program opened its first Recharge Room to allow employees a space to rest in solitude. Employees can reserve the private space for a 30-minute time slot, 24-hours a day. The room is furnished with a full body massage chair, yoga mats, and soft lighting to provide a sense of calm. The room is quite popular among employees, and last year, a generous grant from the Minnesota Department of Health, as well as funding through BlueCross BlueShield of MN, supported the creation of a second, larger Recharge Room which



can accommodate multiple employees and provide more opportunities for use.

The MDH grant, which prioritizes the mental health of healthcare providers, also funds onsite yoga classes for direct patient care providers. Additional gifts through the Foundation make these

classes open to all St. Luke's employees at no cost. A St. Luke's physician who used to describe themselves as "yoga reluctant," has officially moved to the "yoga-enthusiastic" camp, after experiencing the gains in balance and flexibility.

Harvey Abbe
Janice Hall

Marion Abbe
Janice Hall

Dolly Aho
Allen Aho

Barb Manthey Ammerman
Diane Vogel

Arthur Anderson
Diane Vogel

Cathy Anderson
Carl Anderson

Donald A. Anderson
Rosemary Anderson
Beth Chartier

Helen Anderson
Bea Brune

Jim Anderson
Brian Anderson

Louise Anderson
Deb and Art Hoff

Robert A. Anderson
Diane Vogel

Robert J. Anderson
Nancy A. Anderson

Taimie Anderson
Brian Anderson

Wanita Anderson
Colleen Elonen

Wendell Anderson
Colleen Elonen

William Anderson
Evelyn Anderson

Arbutus Antonson
Maurice Antonson

Sandy Antonson
Maurice Antonson

Captain William and Helen App
Dale W. App

John Archambault
Kim Gatzke

Luella Archambault
Kim Gatzke

Millie Archambault
Kim Gatzke

Patricia Armstrong
Gloria McGonigle

Helen Bachand
Lucy Bishop

Dr. Charles Bagley
Alison Clarke

Richard Bailey
Joanne Saiko

Linda Bard
Dr. David and Patricia Mast

Cheryl Barnett
Wade Barnett

Don Barnett
Wade Barnett

Robert Barnidge
Marilew Barnidge

Valentine Bazzani
Marcia Bazzani

Donald Beck
David Beck

Kathleen Behning
Corrine Helmen

Inez Berg
Rodger Chase

Helene "Terry" Berg
Bill Berg
Roger and Nancy Ralston

Lynda Berg
Manson Berg

Bernis Bergren
Kim Ring

Judy Bernhardt
Dr. Gregory Bernhardt
Stephen Bernhardt

Julien Berntson
Elaine Haglund

Karen Berntson
Elaine Haglund

Lillian Berntson
Elaine Haglund

Debra Berntson-Gutz
Elaine Haglund

Paul Biga
Jan Biga

Robert Bomier
Angie Bomier

Mary Booth
Charles Williams

Helen Bostrom
Dr. David and Nancy Choquette

Dorothy Bouchard
Roy and Deb Bulloch

Louise Boucher
Drs. Norm and Kay Boucher

Marcella Britton
Nancy Odden and Doug Britton

Clarice Broman
Julie Broman

Harvey Broman
Julie Broman

Ethel Brown
Robin Brown

Albert "Buzz" Burzinski
Jean Burzinski

Ernest Butler
Marjean Snyder

Cody Buus
Todd and Jody Buus

Leonard and Barbara Campbell
Rob and Cindy Downs

Garry Carlberg
Wendy Carlberg

Dick and Edith Carlson
Ethel O'Leary

Richard "Ozzie" Carlson
Carol Swanson



The Lemonade Girls

In August, Chloe and Kim raised over \$5,000 from their lemonade stand to honor their neighbor Hailey Eastman who passed away in January. Hailey's mom works at St. Luke's and her dad is a Superior police officer. With funds raised, they donated carts full of toys, clothing and other useful items for pediatric patients at St. Luke's. The remaining monies were put into a newly established "Hailey's Fund" which will purchase future needs for pediatric patients.

Margaret Carmichael

Micky Mullozzi

Jack Carr

Eleanor Carr

Michael Cassady

Ann McKie

Evelyn Chaffey

Debra and Kevin Appel

Richard Chase

Rodger Chase

Steven Chase

Rodger Chase

Patricia Christensen

Sally Smith

Richard Christensen

Sally Smith

Keith “Huffer” Christiansen

Ben and Barry Wolfe

Val Ciurleo

Bunnie Katich

John ClarkWendy Anderson
St. Luke’s**Deb Clasen**Robin Brown
Steven Clasen
Pat and Lynn Devlin**Terry Collins**

Mike Carlson

Claire Cullen

Tom and Sandy Geier

David Cullen

Tom and Sandy Geier

Paul Cullen

Tom and Sandy Geier

Phyllis Currie

Des Currie

Thomas Currie

Des Currie

Boyd Dallos

Ben and Barry Wolfe

**Minnesota Knitter’s Guild**

In September, the Minnesota Knitter’s Guild generously donated hundreds of beautiful hand-knit hats, mittens, toys, scarves, sweaters, socks, shawls, and blankets. These heartfelt gifts were distributed to patients at St. Luke’s Cancer Center, Infusion Therapy Clinic, Pediatrics, OB-GYN Clinic, Birthing Center, and the St. Luke’s Cares closet. We are deeply grateful to the Guild, located in Minneapolis, for choosing St. Luke’s as one of three organizations to benefit from their talents.

David Danielson

Carol Danielson

Gloria Dart

Lynn Dart-Nelson

Betty Davis

Jane Schroeder

Jennifer Dee

Alice Dee

Harry Deichert

Rose Hockett

Mary Ann Deichert

Rose Hockett

Dwight Dinehart

Marylee Dinehart

Charlotte Dobosenski

Roy Glanville

Eila Donnellan

Stephanie Donnellan Licari

Gladys Downing

Linda Oberg

Marlene Downs

James Downs

Gladys Drake

Patricia Drake

Joyce Drennen

Scott Drennen

Richard Drennen

Scott Drennen

Hailey EastmanCulver’s of Superior
The Lemonade Girls
Superior Flying Services, LLC**Dale Ebel**

Patricia Ebel

Dr. Philip Eckman

Ben and Barry Wolfe

Romie Eilefson

Jack and Nancy Eilefson

Vera Eilefson

Jack and Nancy Eilefson

Earl Elde

Phyllis Jensen

Dorothy ElpeWendy Anderson
Marilyn Melhus**Bud Emberg**

Jack and Nancy Eilefson

Carol Emberg

Jack and Nancy Eilefson

Koke Emberg

Jack and Nancy Eilefson

Pat Emberg

Jack and Nancy Eilefson

Anne Ericksmoen

David and Sharon Johnson

Clifford Ericksmoen

David and Sharon Johnson

Wally Ericksmoen

David and Sharon Johnson

John Erickson

Anonymous

Margaret Evens

Diane Spear

William Evens

Diane Spear

Elizabeth Fiege

Kathryn Pickhartz

Irene FjosneRomayne Houle
Patricia Kivela**Jeanice Fontaine**

Wallace and Sandra Fontaine

Joseph Foster

Phyllis Foster

Kevin Foster

Phyllis Foster

Margaret “Peggy” Fox

James Fox

Judith Frantzen

Kim Knudtson

Ron Franzen

Laurie and David Johnson

Molly Fredrick

Carol Griak

Fred B. Freeman

Flora E. “Liz” Freeman

John Freeman
Cygna Freeman

Marshall Froland
Florence Froland
Caryn Wood

LaVerne Fryberger
Angelica Fryberger

Robert M. Fryberger, Sr.
Angelica Fryberger

Robert "Bob" M. Fryberger, Jr.
Angelica Fryberger

Paul Gableman
Doreen Gableman

Genevieve Gates
Gloria Lyle

Delores Gillette
Patricia Meister

Foster Gilliland
Gail Gilliland

Mariette Gjessing
Morris Gjessing

Arthur and Alice Glibbery
David Glibbery
Ethel O'Leary

Arthur H. and Carol Glibbery
David Glibbery
Ethel O'Leary

Daniel Glibbery
David Glibbery
Ethel O'Leary

Harry and Rosemary Glibbery
Ethel O'Leary

Ilse Goldschmidt
Angelica Fryberger

Dr. Volker Goldschmidt
Angelica Fryberger

Daniel Grambush
Lisa Grambush

Harriet Grambush
Lisa Grambush

Mark Griffin
Ray and Mary Beaulieu

Wiktorija Grochowski
Peter and Donna Sosnowski

Paulette Grymala
Ed and Jean Abrahamson
Jim and Terri Aiken
Steve and Barb Anderson
Ascend Woodbury Rehab Team
Steve and Donna Austreng
Meagan and Jake Avery
Judy Baker
Margie Beattee
Josie Black
Theresa Burnett and Family
Janice Busker
Susan Campbell
Roger and Annie Certano
Tony and Char Certano
Jeff and Teri Collins
Marie Danelski
Tammy Davidson
Jeff and Robin DeBruyne
Phil and Val DeBruyne
Mark and Patty Duffy
Dellarae Durfee
Mary Esterholm
EZ Street Saloon -
Tamy, Cindy and Scott
Family and Friends
Jeff and Diane Fitzgerald
Rob and Mary Jo Fitzgerald
Scott and Candy Fitzgerald
Richard and Jody Forsythe
Margaret Gall
Willie and Leanne Glonek
Kim and George Gralewski
Sally Grondman and Family
Cynthia Gronski
Darlene Gronski
Mary Ann Gronski
Tim Gronski
Danny and Jan Grymala
Diane, Sue, Pat, Larry and
Joe Grymala
Yvonne Harrington
Tom and Theresa Hatch
Marv and Linda Hermanson

Kathy Hesselgrave
Lisa Hurd and Ruth Dalbec
James and Sharon Jesme
Gary and Janet Johnson
Edward Jones
Paula and Cory Kane
John Karulak
Tony and Betty Kleutsch
Don and Kathy Krisak
Susan Ksicinski
Stan and Ann Kulas
Chuck and Lori LaGessee
Jack and Michelle Larsen
Larry and Cheryl Lee
Tim and Mary Lindberg
Jerry and Jan Lozon
Nancy and Jan Luke
Jim and Connie Martin
Bill, Lee and Jim Martineau
Chad and Tanya Martineau
Eileen Martineau and
Maki Family
Laurie Martineau
Patricia Martineau
Scott, Susie and Pam Martineau
Kristin Meister
Duane and Barb Myhre
Arnold and Gladys Narverud
Rebecca Narverud
Pam Olaf
Lori Olson
Sally Paine
Cheryl Pauna
Mike and Kathy Payne
Mary Pederson
Guy and Patricia Peterson
Craig and Sue Ryan
Michelle Palmer Sharpe
Tom and Mary Shaw
John and Pat Shepard
Brian and Karen Sislo
Sandy Sitek
Tom and Denise Sitek
Randy and Deb Skowland
Neoma Stahl
Dave Stariha
Frank and Sue Stariha
Jim and Rita Stariha
Eric and Becky Stuart

Zane and Laura Swanson
Jim and Audrey Thompson
Kimberly Tompkins
Butch and Nancy Venne
Betti and Bill Warn
MaryAnn Wendlick
Mark and Theresa Wilander
Bob and Julie Williams
Art and Brenda Woodman
Elaine Yeates
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“I’m hoping we can bring happiness, levity, and a greater awareness for all the wonderful causes out there.”

– MIKE ROSENZWEIG
Owner of the Duluth Huskies

■ Bringing Fun to Service

If Mike Rosenzweig knows one thing, it’s how to have fun. The owner of the Duluth Huskies makes it his mission to infuse fun to educate about greater health causes in the St. Luke’s community.

Events at the Wade Stadium spread health awareness with humor, even for something as serious as colon cancer. “We got a giant blow-up colon and that’s how people entered the ballpark,” says Rosenzweig. “It was very much an eye opener. People laughed. But more than one said, ‘You know, I should go get that colonoscopy...’ Through laughter, people are inspired to take positive health action.”

For many years, Rosenzweig has donated his time and resources to support St. Luke’s Foundation, including an annual “St. Luke’s Employee Night at the Huskies” where special jerseys worn by Huskies players are auctioned off at the game, with proceeds going to the Foundation.

He doesn’t overlook the small touches,

either. One night, after sitting with his injured umpire in the St. Luke’s emergency room, Rosenzweig donated \$1,000 to buy a couch so that patients could sit a little more comfortably.

Rosenzweig knows that bringing fun to St. Luke’s employees is just as important. The Huskies team up with St. Luke’s Foundation for an annual Hot Dog Day where all employees are invited to come together for a free lunch in the spring sunshine. “Everybody is in a great mood,” he says. “It’s great to see that sort of camaraderie.”



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Louise's Lovies

Our endlessly talented volunteer sewer, Louise, started creating stuffed "lovies" in 2023 for our pediatric patients who spend time in St. Luke's Emergency Department, Surgery Center, Laboratory, or Pediatric Unit. These soft friends are skilled in the art of bringing comfort to our littlest patients.

Hope Louise LaJoie

Laurel LaJoie

Edward Langness

Linda Langness

Kate LaPaige

Zoran and Kim Bogojevic

Kathrun Pallas LaPaige

Zoran and Kim Bogojevic

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Mary Levenduski

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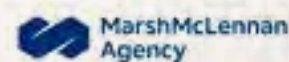
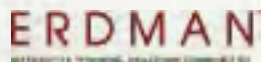
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Robert Zimmerman, Sr.

■ Local Giving Supports Community

When a Tuesday women's league at Pattison Park Golf Course wanted to raise money for breast cancer, they held a one-day event for their league and donated the money to a national organization. The next year, the league wanted to continue the event but donate the funds locally. They decided on the St. Luke's Cancer Care Fund – and a beautiful summer tradition was born.

"So many people wanted to be a part of it, it evolved into all of the leagues at the course," says Kathy Lisdahl, league member and event organizer. "We expanded from one day to a whole week. This is our 15th year."

Judy Peterson, fellow golfer and organizer, chimes in, "You'd think after 15 years I'd be a better golfer."

Last year, the effort raised \$4,257, "from a tiny little golf course," Lisdahl says. Deanna and Brad Moen, who bought the golf course in 2021, are strong supporters. Their club house is filled with raffle baskets the last week of July. "The baskets getting bigger each year," Deanna says. "Everybody contributes something. They're getting really elaborate."



PICTURED LEFT TO RIGHT: Judy Peterson, Kathy Lisdahl, Deanna and Brad Moen.

They don't take their golf skills or themselves too seriously – which may be why this critical effort has attracted such strong community support.

Besides fun, the cause hits close to home for many. "I don't think there's anybody who doesn't have a connection to cancer, either a close friend or relative," says Kathy. "It has affected almost everyone who comes in the door."

"We're not doing it for the appreciation," Peterson adds. "I'm not doing it to make myself feel good. It's what we should do to help each other through a horrible time. Isn't this what communities are for?"

PICTURED: Anna Solem,
St. Luke's Director of Case Management



“I gave her the Super One gift card and explained what it was. She cried, I cried. It was incredible to know that at least for a short time, she wasn’t going to be hungry.”

ANNA SOLEM, ST. LUKE’S DIRECTOR OF CASE MANAGEMENT

PICTURED, LEFT TO RIGHT: Brett Osborne, PT,
Director of Rehabilitation Services, Jessica
Schroeder, Supervisor of Hospitality Services,
Tom Kasell, Manager of Sterile Processing

PICTURED OPPOSITE PAGE, LEFT TO RIGHT: Michael
Stellmaker, MD, FACS, General Surgery, Barb
Boettcher, Director of Patient Care Services,
Todd Scaia, Clinic Manager of Hibbing
Family Medical Center and Laurentian
Medical Clinic, Rachel Agne, Certified
Medical Assistant, P.S. Rudie



Small Things Make a *Difference*

■ Employee giving and the St. Luke's culture of philanthropy grow three funds to serve patients, providers and fellow employees in times of need

As director of case management, Anna Solem and her team see the barriers to health care for patients every day. Some patients struggle to have enough food at home or pay for gas to drive to medical appointments. Others do not have the funds to make needed modifications to their homes after a significant health incident.

"Resources are more and more scarce every day," Solem says. "Small things make a difference. As a group, we can make such a huge impact."

These needs motivate Solem - and so many St. Luke's employees - to donate to the Annual Spirit of St. Luke's Employee Giving Campaign that kicks off every May.

Gifts of all kinds support the campaign. Employees can choose from three funds to support the causes closest to their hearts. The result is staggering: Since 2003, St. Luke's employees have given more than \$2 million.

The Unrestricted Grants Program is the oldest of the funds and provides for departmental and organizational initiatives to advance compassionate patient care, research and community health.

The Employee Compassion Fund, which began during

COVID, helps St. Luke's employees experiencing financial crises due to personal hardships outside of their control, such as serious illness or injury; death of a spouse or child; or natural disaster, with one-time grants of up to \$1,000.

The Small Things Fund provides financial assistance to St. Luke's patients and their families in financial need related to their illness. These \$100 grants often come as gift cards for food or gas. Small Things Fund grants have helped families stay overnight in Duluth while receiving care at the hospital and have helped cover costs of medicine before the patient's insurance begins.

Because Solem and her team of case managers see these needs first hand, she designates her campaign gifts to the Small Things Fund. "Their needs are real," she says.

Barb Boettcher, Director of Patient Care Services, is not surprised by the generous giving of St. Luke's employees. "Everybody in the St. Luke's organization is a giving, caring person who wants to support our patients, our families, our co-workers, our community.

The impact of their servant attitude creates positive change in our society - and we need that so much these days."



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Volunteers Serving Future Healthcare Leaders

Volunteers are vital members of the St. Luke's community. Their efforts support daily operation needs throughout the hospital including greeting patients, helping visitors navigate the hospital campus, facilitating hospital deliveries and so much more.

Volunteers also give to the future of health care. Volunteer Memorial Scholarships help fund the education of future healthcare leaders with grants for students attending healthcare programs at local schools.

The awards began many years ago under the leadership of Judy Harvey (left), who worked as St. Luke's Volunteer Director. After retirement, Judy has volunteered at St. Luke's in

many ways, from hospice to her current role supporting patients in the surgical area. In 2023, Judy became the first volunteer representative to serve on the St. Luke's Foundation board.

Volunteer Memorial Scholarships are now administered by St. Luke's Foundation. Judy serves on the award committee, helping to oversee the criteria for these merit-based awards including academic success and significant volunteerism.

Three scholarships are awarded each year: \$1,000 to a graduate student, \$1,000 to an undergraduate, and \$500 to a student in a two-year program. The scholarships have helped students in various healthcare programs including medicine, nursing, physical therapy, occupational therapy, and speech therapy.

"Our volunteers give in so many different areas in the hospital, often in unseen ways," says Harvey. "With these scholarships, they're supporting the next generation of healthcare leaders, helping them achieve their dreams and serve patients long into the future."



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**Duluth Fire Department
and On the Limit
Go Pink**

Duluth Fire Department and On the Limit teamed up in October to support St. Luke's Breast Center patients. They released special pink DFD t-shirts and patches, raising \$1,200.

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■ Riding the Road of Healing

Since 2016, Northland Bikers for Breast Cancer Awareness raised more than \$34,000 for patients undergoing breast cancer treatment at St. Luke's.



It's a cause close to the heart of organizer Tim Scott. "I'm committed to this because it happened to my family when I was in high school."

Now in its 17th successful year, the annual event brings together volunteers and attendees to ride, raise awareness and money, heal and celebrate. They're passionate about making a difference locally.

"Everyone who helps or attends the run to support this cause is like extended family," says Scott. "I feel good knowing we are helping people in our area without knowing them. I was out shopping, wearing one of our sweatshirts, and someone asked me what it meant. At the end of our conversation, they said, thank you. I didn't ask what for – I just said, you're welcome."

In 2021, "DJ" Jen Little had just lost her mother to breast cancer when she got a call from Scott, asking her to DJ/MC the annual fundraising bike ride. "My first thought was this would be an amazing way to honor my mom and use her story to bring awareness to the importance of regular screenings," says Little. "I had also lost my youngest brother to a motorcycle accident in 2015. Being surrounded by the bikers and the passionate efforts to raise money and awareness for local breast cancer patients and their families turned out to be just what I needed."

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Diggin' for a Cure - Superior High School Volleyball

Superior High School Volleyball's Dig Pink/Diggin' for a Cure game in October was a huge success! They raised \$8,138 for St. Luke's Regional Cancer Center through auctions, raffles, a bake sale, and t-shirt sales. These funds provide essential support to cancer patients providing wigs, scarves, hats, gas cards, grocery cards, chemo care bags and support groups and classes.

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CSS Student Government Association Makes Blankets for Pediatric Patients

Sophia and Cece, members of the College of St. Scholastica's Student Government Association, organized a blanket-making event for our pediatric patients. Both Sophia and Cece are studying to be nurses and wanted to bring warmth and joy to our patients during the long, cold winter months. Their thoughtful gift is greatly appreciated!

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■ Supporting Homeless Older Adults

A \$25,000 grant from St. Luke's Foundation is supporting homeless older adults at St. Francis Apartments in Duluth. This partnership is part of an effort with Chum to address homelessness and other challenges faced by our community. St. Luke's owns the building and is responsible for its maintenance, while Chum oversees all operations.

The grant provided services for 40 residents at St. Francis, almost all of whom were considered chronically homeless when they moved in, with an average age of 64. Without the housing stability, many would succumb to the harsh reality of living on the streets.

St. Luke's Foundation's grant supported vital necessities for staff and facilities. It funded cameras to improve



MIKE BOESELAGER, ST. LUKE'S VICE PRESIDENT OF SUPPORT SERVICES EXPRESSED, *"The partnership between St. Luke's, St. Luke's Foundation and Chum exemplifies our commitment to addressing the pressing needs of our community, ensuring that every individual, regardless of their circumstances, has access to essential support and services."*

"We are honored to partner with Chum in providing support, services and supplies through this initiative," says Boeselager. "We are grateful for their expertise and our evolving relationship to lessen the burden of the unhoused."

safety and security, and converted a room for private mental and medical health appointments so residents could meet providers. Chum reported that offering on-site therapy has been transformative for the residents who face barriers in traditional clinic settings.

It also helped support training for ongoing professional development.

These new developments have made a big difference in the security, safety, and social connection of the residents.

Voyageur**\$1-\$99**

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DECC

Alice Dee

Linda and George Deegan

James Denno

Linda Denston

Katharine DeVinck

Richard and Celia Dickson

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Divine Rehabilitation and Nursing

Diana Doty

Cindy and Rob Downs

James Downs

Patricia Drake

Scott Drennan

Mark and Patty Duffy

Abbie Dwyer

Eagles Nest Massage Therapy

Earth Rider Brewery

Ruth Ann Eaton

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Laurie Edblom

Jessica Edenfield

Lynne and Eric Edlund

Diane Edwards

Nancy and Jack Eilefson

Lindsay Ekstrom

Colleen Elonen

Engwall Flowers

Clarice Erickson

Jeanne Erickson

Sarah Erickson

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Sharon Fellner

Patrick Field

Lisa Filzen

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Kathy Heltzer and Katherine Welsh

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Dawn Hill

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Ken and Rose Huber

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Julie Orbeck Hulst

Jaelynn Humphrey

Amanda Hunker

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Traci Hustedt

Susan Hyndman

Jayne Iverson

Bethany Jacob

Chelsea Jacobs

Greg Jacobson

Norman Jacobson

Stephanie Jahn

Mark and Kimberly Jam

Sylvia Jamar

Kathy Jarvi

Kristen Jeanetta

Lexis Jensen



UMN Medical School Pediatrics Interest Group Donates Activity Kits to Pediatric Unit

The Pediatrics Interest Group from UMN Medical School's Duluth Campus donated activity kits to our pediatric unit. Each kit is filled with snacks, stickers, crayons, and handmade holiday-themed pillowcases, bringing smiles to our young patients' faces. The students' dedication to compassionate care is inspiring!

Phyllis Jensen
 Mark and Colleen Jeronimus
 Maya Jeska
 James and Sharon Jesme
 Muriel Johannessen
 Audrey Johanson
 Becky Johnson
 David Johnson
 Diane Johnson
 DJ Johnson
 Gary and Janet Johnson
 Jana Johnson
 Julie A. Johnson
 Julius and Darlene Johnson
 Kathy Johnson
 Kathy and Richard Johnson
 Luanne Johnson
 Mark Johnson
 Dr. Richard Johnson
 Ron and Lois Johnson
 Sara Johnson
 Steven Johnson
 Dan and Carol Jones
 Edward Jones
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 Mary Kendzora
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 Tony and Betty Kleutsch
 Kim Knudtson
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 Patti Komulainen
 Lisa and Don Kozlovski
 Kathleen Kraemer
 Kylie Kraft
 Esther Krause Family
 Don and Kathy Krisak
 Diane Kroll
 Teri Kroll
 Diane Kruger
 Roberta Kruger
 Stan and Ann Kulas
 Susan Kyrola
 Chuck and Lori LaGesse
 Lake Superior Dental Associates
 Linda Langness
 Arthur Larsen
 Mary Larson
 Mary Laverdiere
 Robert and Julie Ledin
 Larry and Cheryl Lee

Patricia Lee
 Gloria Leighton
 Jennifer LeMone
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 Susan LePak
 Carol Leppala
 Edita Leskey
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 Tim and Mary Lindberg
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 Barb Manion
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 Jim and Connie Martin

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 Laurie Martineau
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 Eileen Martineau and Maki Family
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 Alex McCain
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 Bonnie and Larry McDonald
 Linda McGiffert
 Gloria McGonigle
 Ann McKie
 David McKowski
 Alex McLeod
 Melanie McMillion
 Kristin Meister
 Patricia Meister
 Doug and Ann Melander
 Catherine Mennes
 Betty Merhing
 Dr. William Merrick
 Tom Mettner
 Penny Mielke
 Victoria Mischke
 Samantha Moder
 Cheryl Moe
 Raymond and Marsha Moe
 Mavis Moran
 Steven Morawetz
 Dr. Kevin and Sara Morgan
 Judith Morgan

Mikayla Morgando
 Kathryn Salo Mulcahy
 Duane and Barb Myhre
 Nicole Napoli
 Arnold and Gladys Narverud
 Lynn and Dexter Nelson
 Nancy Nelson
 Naomi Nelson
 Robert and Marilyn Nelson
 Brooklyn Neufeld
 Carole Newkumet
 Terry Nichols
 Bruce and Mary Nielsen
 Gloria Nieman
 Sara Niemi
 Thomas Nikkola
 Sally Noonan
 Sue Norberg
 Jennifer Nordeen
 Esther North
 Northwest Outlet
 Mary Ellen Nuorala
 James and Carolyn Nynas
 Ruth Nystrom
 Joanne O'Bryan
 Cindi Ogren
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 Caitlin Olson
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Jeven Parask
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 Guy and Patricia Peterson
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 Shelia Petrovich
 Ray Piirainen
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 Mary Quinn
 Angela Radniecki
 Michael Rainaldo
 Roger and Nancy Ralston
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 Michael and Mary Rengel
 John and Mary Renoos
 Dean and Wendy Ressler
 Revive
 Deanne Richards
 Kim Ring
 Sue Roed
 Margaret Romano
 Jina Rosendahl
 Reigh Royer
 Dr. Amanda Webb Rubin
 Marian Rukavina
 Rachel Ruud
 Sue and Craig Ryan
 Lee Ann Ryberg
 Carrie Saari



Northland Chevrolet Supports St. Luke's Breast Center

Northland Chevrolet, a dealership in Superior, Wisconsin, held a test-drive event in October in honor of Breast Awareness Month, raising \$750 for St. Luke's Breast Center. Thank you, Northland Chevrolet!

Joanne Saiko
Dean and Julia Sampson
Jon Sarkela
Mariah Schemmer
Clayton Schnell
Mary Schoenfelder
Cynthia Schumacher
Steven Seliga
Gerald and Marcia Semerau
Jane Seybolt
Tina Shaff
Heidi Shaw
Tom and Mary Shaw
Barbara Sheedy
Christopher Shelton
Patricia and John Shepard
William and Susan Shepard
Julie Shober
Patty and Terry Shogren
Colleen Sievi
Sara and Tom Simonson
Brian and Karen Sislo
Laurie Sisto
Sandy Sitek
Tom and Denise Sitek
Catherine Skamarycz
Randy and Deb Skowlund
Britney Slind
Frances Sloan
Ken and Tina Slosberg
Robert Slowinski
Denice, Isaiah and Isaac Smith
Gregory Smith
Mary Smith
Snazzy Cakes
Marjean Snyder
Barbara Sorenson
Peter and Donna Sosnowski
Diana Spear
Terry Spehar
Stacy St. Germaine
St. Luke's Staff
William and Nairi Stack

Neoma Stahl
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Joseph Udd
Va Bene
Sharen Van Den Heuvel
Amanda VanArman
Clyde VanBuskirk
JoAnne VanPouke

Butch and Nancy Venne
Keely Viaene
Paul and Sue Voight
Kathleen Walkowiak
Scott and Heather Wallin
Anne Walters
Betti Warn
Madeline Warner
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Terri and David Warzyn
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Mark and Theresa Wilander
Alex Willemarck
Bob and Julie Williams
Charles Williams
Dwight and Kathleen Willoughby
Sonja Winder-Marifke
Myrtle Wirtanen
Kendra Witte-Robinson
Reverend Steve Wlosinski
Nicky Woerle
Cathy and Arron Wolff
Caryn Wood
Art and Brenda Woodman
Kayla Woolven
James and Gloria Wright
Joan Wright
Michael Yancey
Elaine Yeates
Peter and Donna Yelle
Greg and Jill Young
Zeitgeist Arts, LLC
John Zentkowski
Alyssa Zimmerman
Robert Zimmerman
Paula Zoldos
Bill and Patty Zuck

PICTURED: Jon Niemi, Foundation
Board Member and Auction Chair



“St. Luke’s is the most caring organization I’ve ever worked or volunteered with. There is no ‘me.’ We’re all a part of a truly altruistic collective whole. It’s a wonderful thing to be a part of.”

**JON NIEMI, FOUNDATION BOARD MEMBER AND CIRCLE OF LIGHT AUCTION CHAIR
STANDING IN ST. LUKE’S NEW ICU CONSTRUCTION SITE.**

Walking the Road *Together*

■ Proceeds from the 20th annual Circle of Light contribute to St. Luke's new ICU

St. Luke's Foundation donors know people may face the hardest moments of their lives in the Intensive Care Unit.

At the 20th annual Circle of Light, donors made it clear they walk hand-in-hand with our providers, patients, and their loved ones by raising more than \$230,000 for St. Luke's new ICU, making it the biggest Circle of Light event in St. Luke's Foundation's history.

"I am proud to live in a community that really cares, that will come forth and give of their time, of themselves, and their resources," says Jon Niemi, Foundation board member and chair of the Circle of Light auction. "To me, it's wonderful to find truly civic-minded, people-minded folks who have a truly altruistic approach."

These generous contributions support Phase II of St. Luke's Health Forward Initiative with the \$58 million, vertical expansion of St. Luke's Building A. Three new stories will streamline the delivery of care and include 58 private cardiac and ICU rooms.

"The efficiencies are profound," says Dr. Scott Mikesell, cardiologist. "The helipad, ER, ICU, cath lab, cardiac unit, it's all right there. Patients only have to travel short distances to receive the care they need."

The expansion allows a patient's family to remain with



Construction of St. Luke's new ICU and Cardiac Units advances atop Building A.

them in the ICU, helping both the patient and their loved ones.

"We have a commitment to patients and families in their greatest time of need," says Tab Baumgartner, St. Luke's Chaplain. "When they're wondering, where's this going to go? We stand with them and provide outstanding care."

And in times of the greatest loss, St. Luke's Foundation donors walk with grieving families and friends beyond the ICU. A \$10,000 grant from the Foundation supports a new ICU bereavement program.

"We have a unique opportunity to intervene to make a positive impact in the face of tragedy," says Carrie Saari, ICU Clinical Supervisor who oversees the new bereavement program. "The families of ICU patients have an increased risk of experiencing Post-Traumatic Stress Disorder (PTSD) that could potentially affect their quality of life. When families feel supported and cared for, they are better able to cope."

"We now have a number of ways to honor the person who has passed," says Barb Boettcher, Director of Patient Care Services. "A hand mold of parents holding a child's hand, or the "heartbeat in a bottle" with the rhythm strip from the heart monitor. When people leave St. Luke's and go home, we know that it doesn't end for them. Thanks to Foundation donors, we can we at least start them on a path of healing"

Ways to Give

Your gift is vital support to St. Luke's Foundation and its mission. All gifts, no matter the size or method of giving, contribute to advancing our reach.

Gift-giving options are listed here for your consideration.

■ OUTRIGHT GIFTS

Often the easiest to arrange, many donors support St. Luke's Foundation with gifts of cash, checks, credit cards, securities or stocks, real estate, or in-kind gifts.

■ RETIREMENT PLAN

Name St. Luke's Foundation as the beneficiary of the remainder of the assets after your lifetime, avoiding a heavily taxed gift to heirs.

■ LIFE-INCOME GIFTS

One of the following trust options may be the best fit for you:

- **Charitable Remainder Annuity Trust:**

A trust that pays a set income annually.

- **Charitable Remainder Unitrust:**

A trust that pays a fixed percentage of the trust's assets.

- **Charitable Lead Trust:** A trust that pays a fixed or variable income to St. Luke's Foundation for a set term, and then passes to heirs.



■ RETAINED LIFE ESTATE

Designate the ownership of your home to St. Luke's Foundation while you retain occupancy.

■ LIFE INSURANCE

Name St. Luke's Foundation as the beneficiary for income tax deductions.

■ BEQUESTS IN WILLS

You can name St. Luke's Foundation in your will.

Sample bequest language for St. Luke's Foundation:

"I, (name), give, devise and bequeath to St. Luke's Foundation (written amount or percentage of the estate or description of property) for its unrestricted (without conditions attached) use and purpose."

If you want to restrict your bequest, please consult with St. Luke's Foundation when you make your will to be certain your intent can be accomplished.

If you have named St. Luke's Foundation in your will, please let us know. We would welcome the opportunity to share our appreciation of your bequest through our St. Paul's Society.



■ DONOR ADVISED FUNDS

Donor Advised Funds (DAF) are a type of charitable investment account. A donor creates an account with a sponsoring organization such as a financial services firm or a community foundation by making a contribution of cash, stock, or other assets, providing an immediate tax benefit to the donor, and allowing them to recommend grants to charities of their choice over time.

Tax ID:

St. Luke's Foundation
Tax ID #41-1448118

Mailing Address:

St. Luke's Foundation
1000 E First Street, Suite 102
Duluth, MN 55805

■ GIVE ONLINE

Visit slhduluth.com/foundation and click "Make a Donation."

■ CALCULATE THE BEST WAY TO GIVE

GiftCalcs Planner is an interactive tool that lets you run sample gift calculations and their financial benefits to you. Visit slhduluth.com/foundation.

For more information on how you can support the mission of St. Luke's Foundation, please contact Catherine Carter Huber. We would be honored to work with you to ensure your philanthropic wishes are carried out.

catherine.carterhuber@slhduluth.com / 218.249.2420

2023 FINANCIALS

St. Luke’s Foundation carefully stewards all donations and grants.

We are committed to investing our resources efficiently and effectively so that stories of inspiration, healing and support can continue to be written.

| | | |
|---|------------------|----------------------|
|  | Donations | \$ 1,462,340 |
|  | Assets | \$ 13,675,133 |
|  | Grants | \$ 848,621 |

2023 LEADERSHIP

■ STAFF



Catherine Carter Huber
Executive Director and
Chief Philanthropy Officer



Eric Lohn
St. Luke's Co-President/CEO
Chief Financial Officer



Meagan Avery
Development Associate



Nicholas Van Deelen, MD
St. Luke's Co-President/CEO
Chief Medical Officer



Laurie Johnson
Coordinator



Rebecca Lindberg
Development Associate

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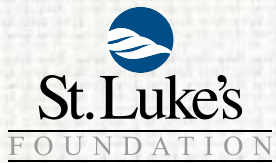
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2023
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