COMMUNITY

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2020 ANNUAL REPORT

AN UNFORGETTABLE CHALLENGE. AN UNBELIEVABLE RESPONSE.

THIS YEAR, FRONTLINE WORKERS, DONORS AND VOLUNTEERS REMINDED US OF AN IMPORTANT TRUTH:

COMMUNITYIS BUILT THROUGH $U \mathbb{N} I \mathbb{T} \mathbb{Y}$.

MISSION

ST. LUKE'S FOUNDATION PROVIDES INNOVATIVE SUPPORT TO ADVANCE COMPASSIONATE PATIENT CARE, RESEARCH AND COMMUNITY HEALTH.

COMMUNITY

THE YEAR 2020 REMINDED US WHAT WE KNOW BUT SOMETIMES FAIL TO SEE.

When we come together, we are at our best.

COVID-19 demonstrated the tremendous need for isolation, and with that, the greater awareness nothing can be accomplished alone. As this pandemic challenged every corner of our existence, it was overwhelming to see how quickly people intuitively united to help one another.

Our Foundation's 2020 Annual Report demonstrates how your generosity, compassion and grace unfolded at St. Luke's. From stories like Stronger Together, highlighting how frontline and behind-the-scenes workers swiftly came together with our volunteers and donors to battle COVID-19. A Light in the Dark reflects the novelty in technology bringing us together even when we can't gather for our annual gala. This Generation. Protecting the Next. illustrates how St. Luke's continues to chart our growth



CATHERINE CARTER HUBER EXECUTIVE DIRECTOR AND CHIEF PHILANTHROPY OFFICER

through our Birthing Center Nursery Remodel. The countless snapshot stories of innovation, grit and gratitude remind us we have what it takes to meet the challenges of today. And when standing together, tomorrow.

We are humbled and deeply grateful for the UNITY that has come about because of you and all those in our St. Luke's family who stepped in when the need was truly the greatest.

In Good Health,



SCOTT LYONS CHAIR, ST. LUKE'S FOUNDATION **BOARD OF DIRECTORS**

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HOW OUR COMMUNITY RALLIED TO BATTLE COVID-19

THIS IS HOW IT BEGAN.

On December 31, 2019, the Chinese government announced it was treating dozens of cases of pneumonia from an unknown cause, a novel coronavirus. Days later, the cause was found and given a name: COVID-19. Less than a month later, the first case was diagnosed in the United States.

On March 11, 2020, COVID-19 was declared a global pandemic. Days later, Minnesota schools and restaurants were closed, businesses moved to remote work, and life was forever changed.

On March 21, 2020, St. Louis County reported its first confirmed case of COVID-19. The pandemic had struck home.

TIME TO ACT

It had been less than a month, but Mike and Cheryl Abramson had seen enough. "As the statistics kept getting worse, the more uncomfortable we felt just sitting around doing nothing," Mike says.

So they did something. Something extraordinary.

Mike and Cheryl's lives had both been impacted in incredible ways by the compassionate care from the team at St. Luke's. Cheryl's breast cancer was detected early through 3D mammogram technology, a screening she'd had at St. Luke's recommendation. "I've been down a challenging road with multiple surgeries after being diagnosed," Cheryl says. "But due to the early detection, I did not require radiation or chemotherapy and I'm now cancer free."

LABRADOODLE

Mike puts things a little more bluntly. "I should be dead. Nine years ago I collapsed in the back hall of our home. Cheryl brought me to the emergency room at St. Luke's and thanks to the amazing team of doctors and nurses, I didn't die."

When COVID-19 hit the Northland, the Abramsons recognized an opportunity to pay their good fortune forward in an effort to help St. Luke's and their community fight back against the pandemic.

Mike and Cheryl inspired and mobilized an entire community to give. They pledged \$50,000 in



matching donations and didn't give up until that match was exceeded. They wrote letters and sent them to every single friend. Through their efforts and the generosity they fostered in our community, more than \$100,000 was raised to aid St. Luke's in their fight against the pandemic.

Ask them how they did it and the Abramsons offer a simple, succinct answer that has nothing to do with them and everything to do with our community: "Good people want to help people."

STRONGER TOGETHER

GOOD PEOPLE HELPING PEOPLE

The numbers are staggering. \$165,000 in donated personal protective equipment (PPE). Over 17,000 handmade cloth masks donated. More than \$100,000 in meals provided for our healthcare workers. Thousands of dollars in electronics and technology donated so patients could connect virtually with family members who couldn't visit in-person. Cases of Girl Scout cookies and piles of fleece

blankets. Countless handmade "get well soon" and "thank you" cards from children.

But numbers never tell the whole story.

It's a story of resilience. One of support. Of giving and gifting, creating and caring. It's a story of this community coming together to provide the funds, food, equipment and technology required to fight the pandemic. And it's a story of gratitude.

IN THEIR OWN WORDS

"During the pandemic, the Respiratory Department worked extremely hard to not only give their patients the medical treatments they needed, but to be there for the patients when their families could not be. When a food delivery came, I could see them relax for a moment. These selfless acts made a big impact on our Department and we all thank you."

Jason Rasch, BS, RRT, Supervisor, St. Luke's Respiratory Department *"I often refer to the laundry* employees as the unsung heroes of the hospital. So to be singled out by area businesses and have lunch provided to us meant so much to the team. It was truly a highlight in a dark time."

Jessica Schroeder, Supervisor, St. Luke's Hospitality Services

"2020 was the hardest yet most rewarding year we have ever had. The generosity of these gifts of food and treats throughout this past year brightened our employees' days. We can't thank our donors enough for thinking of all of us."

Tara Haugen, Director, St. Luke's Surgical Services













DEDICATED TO THE DEDICATED

We've learned so much over the past year. But no lesson has meant more than this: Together, we can accomplish anything.

You demonstrated the true meaning of community through a record number of donations made to St. Luke's Foundation by people just like you.

We can't thank you enough.









A LIGHT IN THE DARK



A LIGHT IN THE DARK CIRCLE OF LIGHT GALA

HOW TO SHOW UP WHEN YOU CAN'T ACTUALLY SHOW UP

The 2020 Circle of Light could have become just one more in a long list of moments missed. Thanks to your support, a little creativity and a lot of technology, the Circle of Light went virtual for the very first time - and was as big a success as ever.

The night went high-tech with a livestreamed program and electronic bidding by virtual attendees. The only aspect of the night unchanged was the incredible support and generosity of our community. More than \$147,000 was raised in support of St. Luke's COVID-19 Response Fund and St. Luke's Laboratory's new BioFire Torch.

CIRCLE OF LIGHT PREMIER AND TITANIUM SPONSORS







BENEFIT TOURNAMENT TITANIUM SPONSORS





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BIOFIRE TORCH

As COVID-19 spread, testing was a huge challenge. Not just for St. Luke's, but for every healthcare provider in the country.

"At first there were no tests," says Jen Viergutz, Director of St. Luke's Laboratory. "Then there was an extreme shortage of the materials needed to collect the samples for the tests."

As the pandemic took hold across the country and cases climbed, a new problem emerged. "Even as hospital volumes slowed, our lab

volumes didn't," says Jen. "What we weren't seeing with normal patient testing we we seeing in managing COVID collections and sending out samples to reference labs."

The St. Luke's laboratory nee a way to rule-in or rule-out a large number of potential infections and infectious organisms quickly. And, than to the generous community response through the 2020 Circle of Light gala, they foun an answer in the BioFire Torc

This new technology allows laboratory to do more proces

SAVE THE DATE!

The 2021 Circle of Light Gala will

be held on Friday, September 10.

Whether we gather in person

or virtually, don't miss your

of St. Luke's Foundation.

chance to support the work



"THIS HELPS OUR DOCTORS GET TO THE RIGHT TREATMENT FASTER."

| | in-house. "In a 24-hour day we |
|-------|------------------------------------|
| th | went from 24 samples to over |
| ere | one hundred," says Jen. It's a |
| | technological advancement that |
| | makes a major difference to |
| | St. Luke's compassionate care of |
| | not only patients with COVID-19, |
| eded | but any patient presenting with |
| | a respiratory illness. |
| | |
| | Jen Viergutz puts it even simpler: |
| nks | "This helps our doctors get to |
| | the right treatment faster." |
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| nd | And that ability exists at |
| ch. | St. Luke's, thanks to you. |
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THIS GENERATION. PROTECTING THE NEXT.

A GENEROUS GIFT HELPS TO FUND A MAJOR NURSERY REMODEL

Newborn babies are supposed to cry. But not like this.

According to the U.S. Agency for Healthcare Research and Quality, a newborn baby is diagnosed with Neonatal Abstinence Syndrome (NAS) every 19 minutes in the United States. Born addicted to the drugs they were exposed to in the womb, these infants have high-pitched cries, are hyperirritable, suffer from sleep deprivation and seizures, and often experience extreme weight loss.

That's 80 babies every day. Seven out of every 1,000 children.

Most infants, under proper hospital care, will recover from NAS, though the journey is often challenging. Now, thanks in part to a generous gift, St. Luke's Birthing Center will be ready to help these babies recover better.

Toni Meierhoff, donor and retired St. Luke's employee, knew first-hand the challenges NAS presents. "Opioid addiction affected a baby in our large extended family," says Toni. "This is personal. This is also, hopefully, a starting point for other families who are struggling."

Her family's gift will fund the construction of one of five low-stimulus rooms in the soon-to-be renovated Birthing Center Nursery.

Low-stimulus rooms are "a quiet and controlled environment for babies born with special needs like NAS," says Mike Boeselager, St. Luke's Vice President of Support Services.

"Patients and families will have more privacy and these rooms will have enhanced safety features as well," says Lori Swanson, RN and St. Luke's Director of Women's and Children's Services. "The rooms are quieter

LORI SWANSON

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and darker, with dimmable lights, temperature control and soundproofing to decrease the stress placed on babies."

The low-stimulus rooms will be a key feature of the overall nursery remodel. It is designed to create private rooms for babies and families, with nursing stations serving as central hubs with real-time access to vitals and monitoring systems.

"Our nursery is on the same floor as the labor and delivery rooms," says Lori. "Families are not separated when a baby requires a higher level of care. This remodel will offer all the safety that families

"THIS REMODEL WILL OFFER ALL THE SAFETY THAT FAMILIES NEED, AND WILL EXPAND ON THE HIGH-QUALITY, COMPASSIONATE CARE ST. LUKE'S ALREADY PROVIDES."

need, and will expand on the high-quality, compassionate care St. Luke's already provides."

"I started at St. Luke's in 1974." says Toni. "The care of women and babies has been my life-long love, and my hope is this gift (and many others like it) helps ensure St. Luke's Birthing Center can continue to best support every new baby born there."

GRANTS

ST. LUKE'S

COVID-19 Response Fund \$288,725

In-kind gifts of personal protective equipment and fabric masks \$165,011

In-kind gifts in support of St. Luke's staff \$100,267

In-kind gifts for patient care and comfort

\$14,942

Amazon Fire 8 tablets for patient communication courtesy of The Olivia and Howard Geller Foundation for Patient Safety

\$1,920

Books and puzzles for patients courtesy of Lester Park Elementary School Giving Tree

\$133

experiencing acute and/or emergent financial challenges through the Small Things Fund \$1,321

Assistance to patients

Assistance to employees experiencing financial crises due to personal hardships outside their control through the St. Luke's **Employee Compassion Fund** \$2,662

ST. LUKE'S 3W INPATIENT MENTAL HEALTH UNIT

Weighted blankets for sensory modulation (Page 17) \$3,500

ST. LUKE'S BREAST CENTER

Breast cancer risk assessment tool

\$41,000

Support for 3D tomography screenings for patients \$2,850

Recovery Care Bags

\$3,337

ST. LUKE'S EDUCATION DEPARTMENT

Mental health conference support from the Dr. Anderson Hilding Memorial Fund and the Dr. Samuel N. and Leone S. Litman Memorial Lecture Fund \$2,000

ST. LUKE'S EMERGENCY DEPARTMENT

Blankets and stuffed animals to comfort pediatric patients

\$4,309

Medication manuals for pediatric crash carts \$400

ST. LUKE'S GASTROENTEROLOGY ASSOCIATES

Continuing education for staff \$378

GRANT SPOTLIGHT

GRANTS

A UNIQUE TOOL **PROVIDES CALMING** COMFORT

ST. LUKE'S INPATIENT MENTAL HEALTH UNIT

"Think about how you comfort an infant," says Miranda Otto, Occupational Therapist at St. Luke's. "You tightly swaddle them and they start settling down, maybe even fall asleep. Think about how good it feels to have a good, long hug from a loved one when you've had a stressful day, or you're sad or upset. This is what a weighted blanket can do."

Rachel Deluca, an RN in St. Luke's Inpatient Mental Health Unit, recognized a need for nonmedication options for patients with anxiety that would help calm and soothe them. With the help of a grant from St. Luke's Foundation, they were able to purchase weighted blankets to do just that.

"I wanted us to have more proactive interventions for specific patient populations with sensory processing deficits," says Rachel. "The hope is to use these interventions to reduce the amount of "as needed" medications given in the hospital."



RACHEL DELUCA, RN MIRANDA OTTO OCCUPATIONAL THERAPIST,

A weighted blanket is divided into separate stitched cells, each filled with pellets or beads providing weight evenly across the blanket. "The blankets range from five pounds up to 30 pounds," says Dr. Michalene Stevermer, a St. Luke's psychiatrist, "and the deep pressure they provide can help calm people." These blankets have proven to be especially helpful for those who are anxious, or those with autism spectrum disorders.

"THE DEEP PRESSURE THEY PROVIDE CAN HELP CALM PEOPLE, INCLUDING THOSE WHO ARE ANXIOUS, OR THOSE WITH AUTISM SPECTRUM DISORDERS."

"Medications are a vital component to the treatment of mental illness," says Miranda, "but when we combine them with other tools and coping skills, it not only improves outcomes, but it provides people with a sense of personal control over their symptoms."

\$5,000

ST. LUKE'S HOME CARE AND HOSPICE DULUTH®

Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless of the ability to pay for services

\$50,000

Therapeutic foam mats, pill boxes, scales, Home Care/Hospice library resources, "Gone From My Sight" books, forget-me-not seed packets, and journals for the care and comfort of hospice patients and their families

\$6,137

\$2,180

\$33,039

Afghans and guilts for hospice patients

Tablets for telehealth communication for Home Care patients funded by the COVID-19 Northeast Minnesota Response Fund of the Duluth Superior Area Community Foundation \$5,000

ST. LUKE'S INFORMATION TECHNOLOGY

Zoom room technology for first floor conference room in Building A

ST. LUKE'S LABORATORY

BioFire TORCH (Page 13) \$84,375

ST. LUKE'S MATERNAL CHILD HEALTH UNIT

Continuing education for staff courtesy of the Dr. Samuel N. and Leone S. Litman Memorial Lecture Fund \$500

Blankets, hats, booties and quilts for newborns \$2,938

Celebrating the last baby born in 2020 and the first baby born in 2021

ST. LUKE'S MEDICAL OFFICE

Patient Access Center nurse triage line (Page 19)

\$20,000

\$162

ST. LUKE'S PEDIATRICS UNIT/PEDIATRIC ASSOCIATES

Distraction toys, stuffed toys, books, coloring books, blankets, crayons, markers and puzzles \$3,240

ST. LUKE'S PHARMACY

Journal of Pharmaceutical Compounding membership \$695

ST. LUKE'S REGIONAL CANCER CENTER

Patient food insecurity initiative (Page 20)

Support for breast cancer patients through the Bowling to Beat Breast Cancer Compassionate Care Fund \$749

Support for cancer patients through the Cancer Care Transportation Fund

\$1,675 Patient gas cards, wigs, grocery

cards, lodging, nutritional shakes and Chemo Care Bag supplies \$4,635

Gentle yoga and Qigong classes for cancer patients \$1,240

Patient waiting area aquarium maintenance

\$2,373

In-kind gifts for patient care including scarves, comfort pillows, earrings, hats and quilts \$14,710

QUICKLY CONNECTING PATIENTS TO COMPASSIONATE CARE

PATIENT ACCESS CENTER



There's a special little spot opening soon at St. Luke's. Patients likely will never see it, but it's going to make a big difference every single time they call St. Luke's. It's called the Patient Access Center.

Funded, in part, with a grant from St. Luke's Foundation, the new Patient Access Center will be staffed 24/7 and equipped to handle a multitude of phone calls. The Center's entire focus is on making it easier for whoever calls St. Luke's to get what they need as quickly as possible.

"This Patient Access Center is something we've wanted for our patients for a long time and thanks to St. Luke's Foundation, it's becoming a reality," says Paul Raj, Director of Clinic Operations. "This team will field a wide range of phone calls and be able to do everything from scheduling an annual physical appointment for a new patient, to helping regional hospitals place patients at St. Luke's, to helping patients who have questions about colonoscopy prep in the middle of the night."



Along with 24/7 patient scheduling, the most exciting addition this new Center will bring is a Patient Care Line. This line will give 24/7 access to a Registered Nurse. "If you have a baby crying in the middle of the night and you're not sure if you need to bring him in, you'll be able to easily call and get the advice you're seeking," says Terri Ruberg, Director of Clinic Operations. "We're thrilled to be opening the Center this summer."

ADDRESSING PATIENT FOOD **INSECURITY**

ST. LUKE'S REGIONAL CANCER CENTER

"Food insecurity is an important issue for all patients," says Leslie Sauve, social worker at St. Luke's Regional Cancer Center. "A person suffering from food insecurity doesn't have reliable access to affordable and nutritious food."

Tina Roberts, also a social worker and Leslie's colleague, agrees. "Those affected by chronic disease are at an increased risk of negative health outcomes if they are suffering from food insecurity," she says. "It affects not only the physical body but the emotional health of patients."

With the support of a grant from St. Luke's Foundation, the Cancer Center was able to take large strides toward overcoming a consistent barrier.

Cancer Center staff added a simple, two-question food insecurity assessment to the screening tool they use for measuring patient distress, given to each patient at every visit. "If a patient indicates that they are food insecure," explains Leslie, "a social worker will meet with them to learn additional details about their situation and provide them with a resource guide, recipes,

LESLIE SAUVE, LSV ST. LUKE'S REGIONAL CANCER CENTER SOCIAL WORKER

and a gift card for \$50 worth of groceries. If the patient expresses an immediate need for food, we provide them with a \$10 meal voucher to St. Luke's Blue Waves Café."

By ensuring their patients have access to affordable, nutritious food, St. Luke's **Regional Cancer Center is** making a difference for their patients' physical, mental and emotional health.

ST. LUKE'S RESPIRATORY **CARE DEPARTMENT**

Continuing education, equipment, training and educational materials on the latest respiratory care for therapists funded by the Douglas H. and Judith H. Lewis Memorial Fund of the Duluth Superior Area **Community Foundation**

\$2,835

ST. LUKE'S TRAUMA PROGRAM

Trauma education equipment

\$4,000

\$200

Car Fit program support for older drivers

THE COLLEGE OF ST. SCHOLASTICA

Volunteer Memorial Scholarships funded by St. Luke's Volunteer Service Guild

EVA ERICKSON PETERSON MEMORIAL NURSING SCHOLARSHIP

Scholarship for a St. Luke's employee pursuing an RN degree or higher

\$1,000

\$2,000

GLADYS EKLUND MCKISSACK NURSING SCHOLARSHIP

Scholarship for a St. Luke's employee to finance education goals in pursuit of a nursing

LAKE SUPERIOR COLLEGE

Volunteer Memorial Scholarship funded by St. Luke's Volunteer Service Guild

LAKE VIEW HOSPITAL

Semi-private infusion therapy room funded in part by the LaBounty Family Fund of the Duluth Superior Area Community Foundation

Semi-private infusion therapy room funded by the Lloyd K. Johnson Foundation



MILLER DWAN FOUNDATION

| 5 | |
|----------|--|
| tional | |
| g career | |
| \$1,000 | |

Funding for ThinkFirst Program for prevention of brain, spinal cord and other traumatic injuries through education, research and advocacy

\$3,500

WILDERNESS HEALTH

\$500

American Indian and Alaska Native Healthcare Education Program for providers (Page 22) \$2,500

WHITESIDE INSTITUTE FOR **CLINICAL RESEARCH**

Medical student summer research \$4,000

| 2,500 | Advancing clinical research |
|-------|-----------------------------|
| | in the areas of cancer, |
| у | lung and heart disease |
| | \$193.445 |

\$10,000

Ś

2020 TOTAL GRANTS \$1,098,883

CULTURALLY RESPONSIVE **HEALTH CARE**

WHEN YOU SEE AN EQUITY GAP IN YOUR COMMUNITY, YOU DO EVERYTHING YOU CAN TO CLOSE IT.

Wilderness Health is a non-profit collaborative of 10 independent Minnesota healthcare systems, initiated by and including St. Luke's. Many of these systems are located in the most remote parts of the state with large distances between facilities. The Wilderness mission is to advance patient and community health outcomes, improve the patient experience and lower the costs of providing healthcare services by working together to provide services more effectively and efficiently.

An equity gap exists in Minnesota's healthcare systems when it comes to approaching healthcare for American Indian/ Alaska Native patients.

"American Indians of our region, like indigenous peoples elsewhere in our country, experience health and socioeconomic disparities when compared with white people living in the same area," says Michelle Hargrave, Wilderness Health Project Manager.

"They often experience race or ethnicity discrimination, as well," adds Cassandra Beardsley, Executive Director, "which may impact housing, employment, legal status, and lead to more violence and bullying. Suffering discrimination is associated with higher reported stress and poorer reported health."

Wilderness Health, with support from St. Luke's Foundation and in partnership with the UMD Center of American Indian and Minority Health, conducted a

focused feedback session with tribal partners, higher education, and healthcare collaborators to identify specific areas of need and determine potential interventions.

The result is a program designed to equip healthcare providers and staff with the tools and language to practice cultural humility, honor tribal sovereignty, recognize strengths, and ensure connections back to community health services and traditional healers.

CASSANDRA BEARDSLEY EXECUTIVE DIRECTOR, WILDERNESS HEALTH

E.J. HOWARTH

"Culturally responsive care starts with empathy as a provider," says Dr. Mary J. Owen, Director, UMD Center of American Indian and Minority Health. "The work of Wilderness Health and this program is a steady voice of advocacy, education and empathy."

While the pandemic initially delayed planning, program curriculum is currently in development and the team plans to host workshops for healthcare providers and staff by the end of August 2021.

> MICHELLE HARGRAVE PROJECT MANAGER, WILDERNESS HEALTH

CONSECUTIVE YEARS

DONORS

Over the past year our community came together of cash, PPE, food, tablets for communication, and throughout the listing of our 2020 donors.



34 YEARS

24

Minnesota Power an ALLETE Company

33 YEARS North Shore Bank

32 YEARS

Verna and Arend Sandbulte Ben and Barry Wolfe

31 YEARS

- Don and Jo Ann Hoag Phyllis James Laboratory Medicine
- Specialists of Duluth, PA Wildev H. Mitchell Family Foundation

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13 YEARS

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26

11 YEARS Anonymous Kathleen Beede Blanket Buddies Bea Brune Campbell Lumber and Supply Co. Como Oil & Propane - A Thompson Gas Company Dubh Linn Irish Brew Pub Jim and Nancy Holmgren Helena Jackson and Doug Dunham Scott and Sue Lyons New Scenic Café St. Luke's Gift Shop Dr. Scott and Dana Varland Jennifer and Jim Wallner Drs. Anne B. Whitworth and David Kirby **10 YEARS**

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Pasquale Campetti Karon Campetti-Zetina

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When the pandemic first hit, Janet Anelli's first priority was

"I drove to Chicago to bring my daughter home to Duluth before Chicago went on lockdown," she says.

to take care of her family.

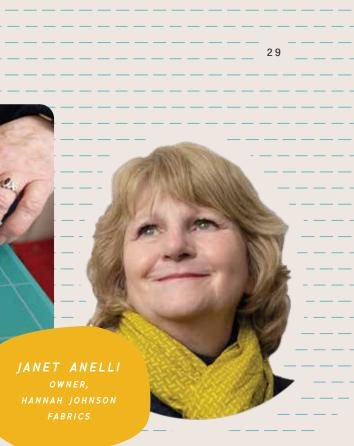
With her first priority safe in the passenger seat, she found her thoughts on the long drive home turning to her business - and her community.

Janet started Hannah Johnson Fabrics in Duluth's Lakeside neighborhood in 2008, during the Great Recession, Now, 12 years later, she was facing the prospect of her business surviving another turbulent time. And she knew she wasn't the only one. "The next day I went in to prepare

the store for a long shut down," she says, "but while I was there, a customer called and asked me about fabric and elastic for masks." Soon her phone wouldn't stop ringing. "I remember one customer calling for elastic because her son was starting a round of chemotherapy and she needed to make him a mask. It really made me want to cry. From that moment it was way bigger than me."

Still, as big as the community need was at that moment, Janet - and an army of community sewers — stepped up to meet it. "I bundled up all the elastic that I had and handed it out to anyone who knocked at the door. A pattern for masks was created, refined and given to me in a printable PDF form to share with anyone who requested it. By the

FABRIC MASK **SUPERHEROES**



weekend we had TV crews and area newspapers interviewing us for mask making information we could pass on to our community."

The community was watching. And they responded.

Along with the free patterns and elastic, Hannah Johnson Fabrics included pre-cut fabric from their store and sold them as mask kits, which anyone could buy, make and return to the store for donation to area hospitals.

"Hearing about the lack of PPE for hospital staff was so scary," she says. "We had to keep them safe from any harm. And because this community is the best, we donated thousands of masks to St. Luke's Foundation. Everyone pitched in."

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During 2020 when so many lost so much, no losses were felt deeper at St. Luke's than those of Dr. Mark Plachta and Dr. Sonja Swenson – compassionate physicians and treasured colleagues. Our St. Luke's family mourns their passing, cherishes their memories and carries forward their unmatched spirit of kindness and dedication.

Dr. Plachta's family designated gifts in his memory as a lifelong learner and "compassionate healer of bodies and spirits" to the Dr. Mark J. Plachta Memorial Fund, which will support educational lectures at St. Luke's.

Gifts in memory of Dr. Swenson were directed to the Dr. Sonja U. Swenson Memorial Fund and will benefit St. Luke's hospice program.

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NEW EMERGENCY DEPARTMENT AND CATH LABS OPEN



MIKE BOESELAGER, St. Luke's Vice President of Support Services, leads donors on a tour of the new Emergency Department.



SUPPORTED IN PART BY THE 2018 AND

St. Luke's new Emergency Department and cardiac

cath labs opened in August 2020. Foundation donors

to the projects were invited to tour the new areas and

take part in special dedications prior to their opening.

2019 CIRCLE OF LIGHT GALAS,

Cardiac Cath Lab #2 was funded in part by a generous gift from retired St. Luke's employee and Foundation board member, SALLY SNEVE and her late husband, Peter.



Trauma Room #3 was dedicated in honor of the St. Luke's Emergency Department professionals and funded, in part, by a gift from PHIL AND BARBARA STROM.



A generous gift from the Jack F. and Mary E. Rowe Charitable Lead Trust partially funded Cardiac Cath Lab #1. Their daughter, *LIZETTE LAWIEN*, stands near the dedication plaque.

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PEGGY ANDERSON

The title says it all. Helping breast cancer patients has been the mission of the Circle of Hope since 2010. It has provided assistance to those struggling with a diagnosis, assembled care bags for hospitals to distribute and trained volunteers for patients to lean on.

"It began as a set of dragon boat teams called the Many Faces of Breast Cancer," says Peggy Anderson, one of the three co-founders (along with fellow boat captains and breast cancer patients, Peggy Ryberg and Tammy Miller). After more than a decade of fundraising, educating, supporting, embracing and empowering,



Peggy made the decision to step back from operating Circle of Hope. On its behalf, she made generous gifts to St. Luke's Foundation to establish and endow the Circle of Hope Fund, which will continue its legacy of caring for and supporting breast cancer patients.





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COMING TOGETHER TO GIVE IS CRUCIAL TO ST. LUKE'S FOUNDATION AND ITS MISSION. ALL GIFTS, NO MATTER THE SIZE OR METHOD OF GIVING, CONTRIBUTE TO ADVANCING OUR REACH. GIFT-GIVING OPTIONS ARE LISTED HERE FOR YOUR CONSIDERATION.

OUTRIGHT GIFTS (1)

Often the easiest to arrange, many donors support us with gifts of cash, checks, credit cards (VISA, MasterCard, American Express, Discover), securities or stocks, real estate, or in-kind gifts.

(2) **RETIREMENT PLAN**

Name St. Luke's Foundation as the beneficiary of the remainder of the assets after your lifetime, avoiding a heavily taxed gift to heirs.

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One of the following trust options may be the best fit for you:

-Charitable Remainder Annuity Trust: A trust that pays a set income annually.

-Charitable Remainder Unitrust: A trust that pays a fixed percentage of the trust's assets.

-Charitable Lead Trust: A trust that pays a fixed or variable income to St. Luke's Foundation for a set term, and then passes to heirs.

(4) **RETAINED LIFE ESTATE**

Designate the ownership of your home to St. Luke's Foundation while you retain occupancy.

(5) **BEQUESTS IN WILLS**

Please tell us if you have named St. Luke's Foundation in your will. We would welcome the opportunity to share our appreciation.

Sample bequest language:

"I, (name), give, devise and bequeath to St. Luke's Foundation (written amount or percentage of the estate or description of property) for its unrestricted (without conditions attached) use and purpose."

If you want to restrict your bequest, please consult with St. Luke's Foundation when you make your will to be certain your intent can be accomplished.

(6) AMAZON SMILE

If you are an Amazon shopper, your purchases could benefit St. Luke's Foundation.

Simply log in to smile.amazon.com. You'll find the same products, prices and shopping features as the main amazon.com, but a charity will benefit from your purchases. After you log in, select St. Luke's Foundation as your charity and AmazonSmile will donate 0.5% of the price of your eligible purchases to our organization. It is important to note, in order for your purchases to count, you must first log into smile.amazon.com.

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Tax ID: St. Luke's Foundation #41-1448118

Mailing Address: St. Luke's Foundation 1000 E, 1st Street, Suite 102 Duluth, MN 55805

(8) LIFE INSURANCE

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GIVE ONLINE

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This information is not intended as legal, tax or investment advice. For such counsel, contact an attorney or tax or investment professional.

For more information on how you can support the mission of St. Luke's Foundation, please contact Catherine Carter Huber. We would be honored to work with you to ensure your wishes are carried out in the manner that best meets your needs.

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