**OUR MISSION**

St. Luke’s Foundation provides financial support to St. Luke’s and the region it serves to advance patient care, health education and clinical research.

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We are here to serve the healthcare needs of our region. We are here **BECAUSE OF YOU**.
BECAUSE OF YOU, we are able to explore, research and develop innovative programs.

BECAUSE OF YOU, our healthcare team is able to elevate their quality of care, providing better treatment outcomes and comfort.

BECAUSE OF YOU, we are able to put our patients above all else.
DEAR FRIENDS,

BECAUSE OF YOU...

It is most humbling to bear witness to patient needs met through your philanthropy. Every day at St. Luke’s, people benefit from your investment in programs, services, technology, education and research.

Our 2018 annual report features several stories demonstrating the impact of your generosity. Every grant awarded has a story and countless people behind it whose lives are positively impacted. When we face healthcare concerns there is great comfort knowing you are not alone. From the Emergency Department expansion to new treatment protocols for children with autism, Chemo Care Bags, advance care planning, reducing mental illness stigma, and providing comfort through art or virtual reality, in 2018 there were 1,734 people who made the decision to prioritize our patients through a gift to St. Luke’s Foundation.

Thank you for your support, which translates into real solutions right here at St. Luke’s and throughout our region.

BECAUSE OF YOU...

Our patients, friends, families and all the communities St. Luke’s calls home are healthier and happier. For this we are most grateful.

IN GOOD HEALTH,

Catherine Carter Huber
Executive Director and Chief Philanthropy Officer
St. Luke’s Foundation
## TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Emergency Department Expansion</td>
<td>Caring for Patients During Their Most Vulnerable Moments</td>
</tr>
<tr>
<td>4</td>
<td>Increasing Sensorimotor Experiences</td>
<td>Exploring New Strategies for Treatment of Children with Autism</td>
</tr>
<tr>
<td>6</td>
<td>Chemo Care Bags</td>
<td>Hope and Other Helpful Things</td>
</tr>
<tr>
<td>8</td>
<td>Advance Care Planning</td>
<td>Creating a Healthcare Directive for Your Family's Peace of Mind</td>
</tr>
<tr>
<td>10</td>
<td>Northland Healthy Minds</td>
<td>Encouraging Compassion, Reducing Stigma Surrounding Mental Health</td>
</tr>
<tr>
<td>12</td>
<td>Art in the Clinic</td>
<td>An Innovative Collaboration Delivers Unexpected Medicine</td>
</tr>
<tr>
<td>14</td>
<td>Virtual Reality</td>
<td>Patients Step Away from Their Reality and Allow Their Minds to Rest</td>
</tr>
</tbody>
</table>
EMERGENCY DEPARTMENT EXPANSION: CARING FOR PATIENTS DURING THEIR MOST VULNERABLE MOMENTS

St. Luke’s new Emergency Department will provide a safe, efficient, patient-focused experience. Because of you, we are able to provide unprecedented care for our region.

Each year 30,000 patients seek treatment in St. Luke’s Emergency Department (ED), a number that has grown exponentially over the past ten years. Our current location no longer supports the volume our region requires. Relocating the ED to St. Luke’s Building A will triple its size, creating a state-of-the-art facility that will better meet current demands, while anticipating future needs. The number of beds will increase from 14 bays to 37 private rooms, and the new department will feature improved security, adjacent cardiac cath labs, integrated X-ray and CT scans, as well as four trauma rooms and dedicated behavioral health suites. St. Luke’s new helistop will have direct access to the ED, cath labs and surgery, its proximity saving precious minutes and lives.

The entire space is designed to maximize efficiencies, decrease wait times, ensure privacy and provide a premier patient experience, fulfilling St. Luke’s promise of professional and compassionate care.

BECAUSE OF YOU

St. Luke’s Foundation’s 2018 Circle of Light gala raised $203,793 for the Emergency Department project, including funds for one of the four dedicated trauma rooms.
Mike Boeselager, VP of Support Services (left), Dr. Nicholas Van Deelen, Emergency Services Medical Director, and Lori Bauman, RN, Emergency Services Department Manager, discuss St. Luke’s Emergency Department expansion plans.
INCREASING SENSORIMOTOR EXPERIENCES: EXPLORING NEW STRATEGIES FOR TREATMENT OF CHILDREN WITH AUTISM

Because of you, St. Luke’s occupational therapists are delivering new and innovative therapy options to our patients and providing new tools and sensorimotor strategies to implement at home.

Children with autism currently have limited treatment options. With a grant from St. Luke’s Foundation, St. Luke’s Occupational Therapist Kara Long and independent Education/Behavioral Consultant Dr. Susan Larson Kidd are working to establish new protocols for their autistic patients and their families.

This sensorimotor program stimulates several areas of the brain affected in the autism spectrum disorder by pairing sensory inputs with systematic activities. For example, sound and touch are paired while the child listens to classical music and receives deep tissue pressure.

This unique therapy provides an opportunity for parents and occupational therapists to work together. Additionally, this innovative program has the added benefit of teaching families sustainable practices for their children outside of the clinic setting.

Long and Larson Kidd’s initial data indicates all children exceeded their standardized assessments and saw progress on their sensory processing measures. However, the most powerful result is the anecdotal information from the parents and the excitement from the children themselves. One parent said, “I can’t believe how much I am learning about my child by doing these activities with him.”

Dr. Susan Larson Kidd and Kara Long will submit their work to the Minnesota Association for Occupational Therapy and will present their findings at its annual conference this fall.
The sensorimotor exposure treatment offered at St. Luke's helps patients with autism make significant strides in their treatment while engaging their family. Pictured, Dr. Susan Larson Kidd works with patient TJ and his father, Terrence.
HOPE AND OTHER HELPFUL THINGS

When patients are diagnosed with cancer, they enter a new and difficult world they never expected to be in. Providing a small dose of hope and help can sometimes make all the difference.

For many years cancer survivor Lori Rasmussen provided Chemo Care Bags for newly diagnosed cancer patients at St. Luke’s — a heroic investment of time, effort and finances. Lori included things she discovered were helpful during her own treatment with a note explaining each item’s importance, survivor wisdom and her best wishes. When it was time for Lori to step aside, St. Luke’s Foundation was able to continue the work she started. Because of you, support from St. Luke’s Foundation’s Cancer Care Fund continues to provide these welcome packages of comfort and care to our oncology patients.
Lori Rasmussen (center) chats with Leslie Sauve (left) and Tina Roberts (right), Social Workers at St. Luke’s Regional Cancer Center. Lori is holding the letter she wrote years ago, a heartfelt note of hope, strength and wisdom that is still included in every Chemo Care Bag.
Because of you, our patients know their choices will be honored.

It’s difficult for patients to think about what they will need or want in terms of end-of-life care. It can be even more challenging to talk about those decisions with loved ones. At St. Luke’s we know a patient is best cared for when their values, culture and relationships are considered in the framework of specific medical treatment decisions, especially in the event they can no longer speak for themselves. St. Luke’s Foundation and St. Luke’s are collaborating with local partners to establish Honoring Choices Duluth Communities, which works with statewide initiatives Honoring Choices and End in Mind, to help understand and create healthcare directives. Because of you, St. Luke’s provides free classes to help members of our community develop their own advance care plan.

St. Luke’s is proud to partner with the Miller Dwan Foundation, Essentia Health and other health-focused organizations through the Honoring Choices Advisory Council. This group is working to encourage all members of our community to have a healthcare directive on file. Learn more about resources and classes available by visiting www.HonoringChoices.org or www.EndInMindProject.org.
Sonja Winder, a St. Luke’s Hospice Social Worker, helps patients and community members ensure their choices are honored by helping individuals understand and create healthcare directives.
NORTHLAND HEALTHY MINDS: ENCOURAGING COMPASSION, REDUCING STIGMA SURROUNDING MENTAL HEALTH

Because of you, we are working to reduce the stigma of mental illness by creating an understanding and supportive environment for all.

St. Luke’s Foundation is a founding member of Northland Healthy Minds, a local collaborative that launched the Make It OK campaign in Duluth. Your support through St. Luke’s Foundation provides events like Laughter Yoga and the Make It OK film series. Educational programming includes mental health first aid classes, employer awareness orientation, ambassador training, elementary school programs, coordinated health fairs and Make It OK literature to increase awareness. Additionally, valuable tools are provided on what to say and how to support those who struggle with mental illness.

Northland Healthy Minds has now grown into a coalition of more than 50 organizations in northeastern Minnesota and Douglas County, Wisconsin, including representation from public, private, nonprofit and faith-based organizations.
Mental health is one of the highest priorities in our region, as confirmed by the Community Health Needs Assessment. Laughter Yoga is one tool used by Northland Healthy Minds to help promote positive mental health.
ART IN THE CLINIC DELIVERS UNEXPECTED MEDICINE

Because of you, an innovative collaboration provides patients with a calming presence and a new approach to mental health.

Patient anxiety often peaks while waiting to see their physician. Awareness of our clinical environment and the impact it has on mental health can set the tone for positive patient-provider interactions. Katy Johnson, Manager at St. Luke’s Mariner Medical Clinic in Superior, was determined to improve the surroundings of her clinic’s waiting areas. Because of you, Katy was able to connect with University of Wisconsin-Superior (UWS) art students who helped create a visually tranquil atmosphere wherever patients wait in the clinic. Led by Gloria Eslinger, Professor and Director of Art Therapy programming at UWS, the students’ research-based work is an opportunity to partner and demonstrate support for community well-being.
Katy Johnson (left), Manager at St. Luke’s Mariner Medical Clinic, received funding from St. Luke’s Foundation and worked with the University of Wisconsin-Superior’s Art Department to bring therapeutic art to the clinic.
PATIENTS STEP AWAY FROM THEIR REALITY
AND ALLOW THEIR MINDS TO REST

Because of you, cancer patients find a place of refuge while undergoing treatment.

Cancer patients experience an increase in psychological distress as they navigate the treatment process. Those able to effectively manage psychological distress generally experience better outcomes and improved quality of life following treatment. To address this need, St. Luke’s Foundation funds are allowing Radiation Oncologist Dr. Nils Arvold and Licensed Psychologist Petra Woehrle, PhD, from St. Luke’s Regional Cancer Center to experiment with virtual reality (VR) technology to engage patients in relaxation exercises during radiation therapy. VR offers a low-cost, non-pharmaceutical treatment option to reduce patient stress and anxiety.
Dr. Nils Arvold fits a VR headset to a patient in one of St. Luke’s radiation oncology treatment rooms.
2018 GRANTS
<table>
<thead>
<tr>
<th>GRANTS</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Emergency Department relocation and expansion</td>
<td>$203,793</td>
</tr>
<tr>
<td>In-kind gifts for patient care</td>
<td>$13,522</td>
</tr>
<tr>
<td>Equipment for St. Luke’s Proctor Fitness Center</td>
<td>$5,000</td>
</tr>
<tr>
<td>Holiday flower bouquets for patients, courtesy of National Bank of Commerce Signature Banking Team</td>
<td>$1,000</td>
</tr>
<tr>
<td>Holiday visits for patients courtesy of Citon Corporation</td>
<td>$982</td>
</tr>
<tr>
<td>Holiday visits for patients courtesy of Lester Park Elementary School students</td>
<td>$1,115</td>
</tr>
<tr>
<td>Assistance to patients experiencing acute and/or emergent financial challenges through the Small Things Fund</td>
<td>$1,357</td>
</tr>
<tr>
<td>Afghans and blankets for hospice patients</td>
<td>$1,580</td>
</tr>
<tr>
<td>“Chicken Soup for the Breast Cancer Survivor’s Soul” books for newly diagnosed breast cancer patients through the Bowling to Beat Breast Cancer event; tote bags; and books for kids to help them understand a parent’s cancer diagnosis</td>
<td>$5,034</td>
</tr>
<tr>
<td>Support for 3D tomography screenings for patients</td>
<td>$1,403</td>
</tr>
<tr>
<td>Robes for Breast Center patients</td>
<td>$2,480</td>
</tr>
<tr>
<td>Robes for breast cancer patients</td>
<td>$8,700</td>
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</table>

Art in the Clinic. Read more on pages 12-13.

<table>
<thead>
<tr>
<th>ST. LUKE’S EDUCATION DEPARTMENT</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support for “Ethics of Genetic Testing” Biomedical Ethics Conference from the Dr. Kay R. Lundberg Memorial Lecture Fund</td>
<td>$2,000</td>
</tr>
<tr>
<td>ST. LUKE’S EMERGENCY DEPARTMENT</td>
<td>Amount</td>
</tr>
<tr>
<td>iSTAT Analyzer</td>
<td>$10,962</td>
</tr>
<tr>
<td>Blankets and stuffed animals to comfort pediatric patients</td>
<td>$9,382</td>
</tr>
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<table>
<thead>
<tr>
<th>ST. LUKE’S HILDING MEMORIAL MEDICAL LIBRARY</th>
<th>Amount</th>
</tr>
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<tbody>
<tr>
<td>Online medical journal subscriptions</td>
<td>$2,716</td>
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<table>
<thead>
<tr>
<th>ST. LUKE’S HOME CARE AND HOSPICE DULUTH*</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless of the ability to pay for services</td>
<td>$50,000</td>
</tr>
<tr>
<td>Therapeutic foam mats, pill boxes, scales, Home Care/Hospice library resources, “Gone From My Sight” books and journals for the care and comfort of hospice patients and their families</td>
<td>$7,127</td>
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<table>
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<tr>
<th>ST. LUKE’S MARINER MEDICAL CLINIC</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Artwork to promote a calming atmosphere in patient waiting areas through a collaboration with the University of Wisconsin-Superior Art Department</td>
<td>$2,500</td>
</tr>
</tbody>
</table>


ST. LUKE’S MATERNAL CHILD HEALTH UNIT
Jaundice meter .............................................. $7,188
In-kind gifts for patient care ............................ $776
Blankets, hats, booties and quilts for newborns ........................................ $2,585
Celebrating the last baby born in 2018 and the first baby born in 2019 ................. $100

ST. LUKE’S OCCUPATIONAL THERAPY
Partial Replication Study: “Increasing Sensorimotor Experiences for Children with Autism” ........................................ $3,000

ST. LUKE’S PEDIATRICS UNIT/ PEDIATRIC ASSOCIATES
Distraction toys, comic books, stuffed toys, books, blankets, clothing and supplies ........................................................................ $5,819

ST. LUKE’S PHARMACY
Continuing education for pharmacy staff .......... $2,097

ST. LUKE’S PHYSICAL THERAPY
Graston Technique® physical therapy instruments ........................................ $1,795

ST. LUKE’S RADIATION ONCOLOGY ASSOCIATES
Blanket warming cabinet ................................ $3,517

ST. LUKE’S RADIATION ONCOLOGY ASSOCIATES AND ST. LUKE’S MENTAL HEALTH SERVICES
Reducing emotional distress during radiotherapy treatments through on-table virtual reality ................................................................. $13,528

ST. LUKE’S REGIONAL CANCER CENTER
Cancer Survivorship Lecture Series ................. $3,000
Support for breast cancer patients through the Bowling to Beat Breast Cancer Compassionate Care Fund ........................................... $700
Support for cancer patients through the Cancer Care Transportation Fund .................. $1,400
Gas cards, wigs, grocery cards, lodging, nutritional shakes and support group supplies ................................. $4,506
Gentle yoga classes for cancer patients .......... $4,455
Chemotherapy Care Bags and supplies ........ $7,832
Aquarium maintenance ................................ $1,688
Glider rocking chairs for patient comfort in memory of Terry Berg ....................... $1,463
Cancer Center Conference Room refresh; Chemo Care Bag supplies; scarves for patients through maurices “Grand Give” ........................................ $4,500
Blankets for cancer patients courtesy of “Subaru Loves to Care” and Miller Hill Subaru ........................................................................ $160
In-kind gifts for patient care including scarves, comfort pillows, clothes, earrings, hats and quilts .......................................................... $13,653

ST. LUKE’S REHABILITATION SERVICES
Rehabilitation equipment in memory of Margaret Hiltunen .................................................. $25,460
Clinical Community Mobility Skills Assessment Program .............................................. $7,030

[ 18 ]
<table>
<thead>
<tr>
<th>Organization</th>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lake Superior College</td>
<td>Volunteer Guild scholarship</td>
<td>$500</td>
</tr>
<tr>
<td>Lester Park Women’s Golf League</td>
<td>Event support</td>
<td>$150</td>
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<tr>
<td>Minnesota D.A.R.E.</td>
<td>Building Trust between Law Enforcement and Minnesota Communities; Opioid Abuse Prevention Education; Preventing School Bullying program support</td>
<td>$1,000</td>
</tr>
<tr>
<td>Northland Bikers for Breast Cancer Awareness</td>
<td>Event support</td>
<td>$100</td>
</tr>
<tr>
<td>Northland Healthy Minds/“Make It OK” Campaign</td>
<td>Community campaign support</td>
<td>$10,000</td>
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<tr>
<td>Program for Aid to Victims of Sexual Assault (PAVSA)</td>
<td>Sex Trafficking: Warning Signs, Medical Interventions and Resources</td>
<td>$5,162</td>
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<tr>
<td>Safe Kids NE Minnesota</td>
<td>Program funding</td>
<td>$1,000</td>
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<tr>
<td>Whiteside Institute for Clinical Research</td>
<td>Advancing clinical research in the areas of cancer, lung disease and heart disease</td>
<td>$250,949</td>
</tr>
</tbody>
</table>

**2018 TOTAL GRANTS**

$769,031
10+ CONSECUTIVE YEARS

37  Don and Nancy Moline
     Minnesota Power – an ALLETE Company

33  Marsh & McLennan Agency
     North Shore Bank
     St. Luke's CDI

30  Verna and Arend Sandbulte
     Ben and Barry Wolfe

29  Don and Jo Ann Hoag
     Phyllis James
     Laboratory Medicine Specialists of Duluth, PA
     Wildey H. Mitchell Family Foundation

28  Bob and Helga Wallner

27  John and Lynn Benson
     Ruth Ann Eaton
     Twin Ports Testing, Inc.

26  Linda and Bob Basara
     Lail Beste-Michelson
     Jan Biga
     Richard and Kathy Johnson
     Gwen Nelson
     Doreen Roberts

25  Allan L. Apter
     Donna and Bruce Bergsten
     Karen Johnson
     Roshelle Morrison
     Sally and Peter Sneve
     John and Maxine Strange

24  Mary Gabrys
     Tom and Toni Kasell
     Lynn and Dexter Nelson

23  Clark and Julie Averill
     Julien Berntson
     Wayne and Linda Gustafson
     Diane and Randy Haworth
     Edna M. and H. Anna Jenks' Charitable Fund of the Duluth Superior Area Community Foundation
     Kitty Jensen
     Douglas H. and Judith H. Lewis Memorial Fund of the Duluth Superior Area Community Foundation
     Christy Mahoney
     Muriel Whiteside Charitable Trust Fund
     Mary Schultz
     Bonnie J. Swanoski
     Diane Vogel
     Jon and Kathy Welles

22  Ethel O’Leary
     Schindler Elevator Corporation

21  Sandra Barkley
     Jean Elton-Tubes
     Sandra Essen
     Dr. Walt and Kay Gower
     Patti Jenkins
     Emmy Libal
     Steig Sabee
     Margaret Scandinavian
     US Bank

20  Margaret and George Beattie
     Stan and Dr. Susan Goltz
     Doug and Jennifer Lewis
     Micky Mullozzi
     Brett and Kathy Osborne
     St. Luke's Nursing Alumni Association

19  Anonymous
     John and Ann Clark
     Jamar Company
     Dr. Robert and Trinka Jarrett
     Johnson, Killen & Seiler, P.A.
     Jodi Korpela
     Jennifer Nylund
     Owens & Minor
     Dr. and Mrs. Edgar Saldana

18  Kay and Tim Allen
     Jeff Conner
     Donald Holm Construction Co., Inc.
     Deb and Art Hoff
     Laurie and David Johnson
     Sandy J. Lanthier
     Lizette and John Lawien
     Ledingham Promotional Advertising
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     Dr. Mark and Elizabeth Monte
     Julie Patton
     Dr. John Schrock and Mary Berube
     Julie Spanenberg
     St. Luke's Volunteers
     Clare Stromlund
     Susan Bachinski Winner

17  Catherine M. Carter Huber
     and Carl Huber
     Dr. David and Nancy Choquette
     Mary Greene
     Bunnie Katch
     Dr. David and Pat Mast

16  Vern and May Nordling
     Dr. Gary Peterson
     Todd Scaia
     Peter and Patricia Stephenson
     Polly Vallie
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     Tab Baumgartner
     Sandra Carlson
     Shelley Fredrickson
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     Marla and Juhl Halvorson
     Dr. Curt and Rita Hutchens
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     Elizabeth Zylka
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Karen and Michael Cheslak  
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Betty Dickenson  
Delores Gaffke  
Dr. Robert and Joyce Hickman  
Gina Lemke  
Lion Hotel Group  
Michael Meller  
Pam and Ken Mertz  
Del and Penney Prevost  
Security Jewelers  
Marjorie Youngren

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Sharon Bourdeau  
Marilyn Busse  
Tom and Carlyle Conrad  
Drs. Mark Eginton and  
Joleen Finken  
Elaine Haglund  
Hall, Render, Killian, Heath  
& Lyman, P.C.  
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Ed and Susan Knudsen  
Republic Bank  
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LaTina Siers  
Jim and Debi St. Marie  
Jennifer Stark  
Linda Tezak  
Wells Fargo Private Client Services  
Mary Wright

Wendy Anderson  
Ruth M. Autio  
Mike and Char Boeselager  
Citon Corporation  
Renee Ebel  
Engwall Florist and Greenhouses  
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Kristine Canfield-Evanson  
Richard and Laura J. Hanson  
Roger Hartley and Sandra Lumen  
Jeff Frey & Associates  
Diane Kettelhut  
Lois Maine  
Mary and Brad Matlack  
Marilyn Mellhus  
Memorial Blood Centers  
Dr. Roger and JoAnne Miller  
Mary Myre  
Jacquelyn Paaso  
Dr. Jake and Anya Powell  
Sandy Sand  
Roslyn Scott  
Colleen Sievi  
Scott and Shannon Studden  
Michele Tack  
University of Minnesota

Toni Aanonsen  
Anonymous  
Dr. Krisa Christian  
DECC  
Jack and Nancy Eilefson  
Mark and Heather Emmel  
Lisa Erickson  
Royann Francisco  
Carol Gria  
Sue Hamel  
Kathy Johnson  
Nathan Johnson  
Suzy Johnson  
Jane Kempton  
Kathy and Scott Krokum  
Kim Lagro  
Linda Lincowski  
Mainstream Fashions for Men  
Nancy Mancini and Mike Hoops  
Michael Miller  
Diana Mohr  
Northland Plastic Surgery  
John and Chris Peterson  
Geoff and Dr. Sandy Popham  
Jack and Cindy Seiler  
Kim and Jeff Shinger  
Dr. G. David Spoolhof and  
Melissa Spoolhof  
Kim Terhaar  
Dr. and Mrs. Nicholas Van Deelen  
Kathleen Walkowiak  
Waters of Superior  
Barbara Wilson

Anonymous  
Laura Budd  
Dr. Mike and Denise Bussa  
Carlson Orthodontics  
Marlene David  
Lynn Davis  
Rosemary Guttormsson  
Harbor City Kennels  
Jean M. Johnson  
Rebecca Lindberg  
Tom Lohman  
Bonnie Matuseski  
Kristen Mesedahl  
Dr. John and Carrie Morrison  
Thomas Nikkola  
Northland Country Club  
Carol Oleson  
Father John Petrich  
Joan Pince  
Dick and Judy Rothe  
Scalzo Architects, Ltd.  
SFM - The Work Comp Experts  
Kerry Sopoci  
Shari and Mark Tollerud  
Kathryn Townsend  
Valentini’s Vicino Lago  
Women Rock  
Anonymous  
Irene Anderson  
Mary Ann Anderson  
Drs. Brian and Sheri Bergeron  
The Bernick Companies  
Mark Bryngelson  
Dr. Daniel Campbell  
Fifield Portrait Design  
Joseph Garson  
Edwin and Sherry Hall  
Claudine Hansen  
Kristopher and Tara Haugen  
Sandra Hoffman  
Jack F. and Mary E. Rowe  
Charitable Lead Trust  
Sylvia Jamar  
Norma Johnson  
Denise Kontry  
Dr. Tom and Suzanne Kunze  
Barbara LaLiberte  
Karla Langford  
Dana Ludwig  
Sharon L. Maki  
Annette Mellinger  
Dr. William Merrick  
JoAnn Otterblad  
Rocky Mountain Chocolate Factory  
Peter and Melinda Schenck  
Steve Seliga  
Mary Stoj  
Janet Udean
IN HONOR OF

4 WEST PATIENTS AND STAFF
Ann, Zach and Miley Nelson

DR. HOMAM ALKAIED
Jeff Skoraczewski

DR. DAVID ARVOLD
Richard and Celia Dickson
Dr. Tom and Maren Hustad

DR. REBEKAH BEACH
Dr. Tom and Maren Hustad
Holly C. Sampson

JAN BIGA
Jim and Nancy Holmgren

DR. MARY BOYLAN AND TEAM
Margery Stanley-Meyer
Frank von Poppen and Diane Johnson

TIM CHURCHILL AND FAMILY
Donna Churchill

DEDICATED AND KIND
RADIATION THERAPISTS AT
ST. LUKE’S CANCER CENTER
Judy Gadda

DR. JAMES DONOVAN
Lynn Dart-Nelson

PHIL AND JULIE ECKMAN
Ben and Barry Wolfe

EMERGENCY DEPARTMENT STAFF
Leonard and Lois Gehl

FAMILY
Betty Melde

VICKI FARMER
Barbara Farmer

DR. CRAIG GILBERTSON
Betty Melde

DR. BASEM GOUELI
Brenda Caya

CAS GROCHOWSKI
Peter and Donna Sosnowski

DR. NICK JOHNSON
Charlotte Johnson

DRS. KURT AND SUSAN KAMPER
Dr. Ted and Triss Harwood

DR. TIMOTHY KLEINSCHMIDT
Terry Dathe
Micah Garber
Harriet Hagedorn
Dr. Robert and Joyce Hickman
Joanne Ludwig
Jim and Carlie Nynas
Joan Parenteau
Walt Peterson
John and Marilyn Smuk
Jerry Tschida

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PETRA WOEHRLE, PhD, explaining the therapeutic effects of VR in an oncology treatment room. More on pages 14-15.
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Bernard Tomzak
Gloria Eslinger worked with students in her Development of Creative Functioning class at University of Wisconsin-Superior to create healing images for display at St. Luke’s Mariner Medical Clinic. See pages 12-13.
### 1881 DIRECTORS CIRCLE ($100,000+)

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<td>Bent Paddle Brewing Co.</td>
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<td>Dr. Daniel Campbell</td>
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<td>Dr. Stacy Coffin</td>
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<td>Commonwealth Cares Fund, Inc.</td>
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<td>Dr. Kara Lynn Fausch</td>
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<td>Fortune Bay Resort Casino</td>
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<td>Donald Fosnacht</td>
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<td>Bob and Angelica Fryberger</td>
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<td>Mary Gabrys</td>
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<td>Judy Gadda</td>
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<td>Margaret Gall</td>
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<tr>
<td>Holly Gangelhoff</td>
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<tr>
<td>Micah Garber</td>
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ASSOCIATES CONT. ($100-$499)
Gerald and Marcia Semerau
Brandy Severson
Patrick Sharp and Dr. Sereen Sharp
Thomas Shega
Colleen Sievi
Amanda Simpson
Ski Hut
Dorothy Slonim
Jane Smalley
Josh Soderholm
Yvonne Prettner Solon
Marie Spang
Diana Spear
Dr. Jeff and Kari Speer
Christine Spehar-Stenberg
Spring Fever Days Car Show
Dr. David and Brenda Sproat
St. Luke’s 7 West Unit
St. Luke’s Clinic Management
St. Luke’s Hospitality Services
St. Luke’s Nursing Administration
St. Luke’s Nursing Alumni Association
St. Luke’s Surgical Services
Douglas Stanley
Staples
Jennifer Stark
Jessica and Bill Stauber
Dr. Jon Stephenson
Peter and Patricia Stephenson
Dr. Michalene Stevermer
Stone Harbor Wilderness Supply
Dr. Michael Stowman
Traci Strauch
Sandra Stuart
Sun Jewelry

Providing innovative treatment options for children with autism. Pages 4-5.

Shawn and Margaret Sunnarborg
Dan Svendsen
Brian Swanson
Lori and Matthew Swanson
Tara Swenson
Julie Taffe
Mr. and Mrs. Steven C. Talbot
Char and Bill Taylor
Linda Tezak
The Art of Hair on First
The Mary’s
The Optimist Club
Brad Thiern
Char Thompson
Shanna Thompson
Three Irish Girls Yarn, Inc.

Dr. Christopher Tillotson
Shari and Mark Tollerud
Lee Ann Tomczyk
Nicole Trautt
Terrence and Katherine Turek
Twin Ports Paper & Supply, Inc.
Jeff and Rae Tyllia
Ann Glumac and Bill Ulland
United Healthcare
United Lutheran Church
Patti Urbanski
US Foods
Polly Vallie
Dr. Aimee Van Straaten
Stewart and Charlotte Vande Zande
Frances Vandermeiden

Robin VanTil
Katherine Vavrosky
Mike Vedder
Lisa Veech
Richard Vitullo
Diane Vogel
Klare Volgren
Frank von Poppen and Diane Johnson
Rebecca Walker
Sarah Ward
Rachel Warpeha
Kara Warren
Laura Warren
Laura Warren
Terri Warzyn
Karl and Ann Wasson
Waters of Superior
ASSOCIATES CONT. ($100-$499)
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Wells Fargo
Stephen Welsh
Crystal Westberg
Dr. Ruth Westra
Linda Wiemaa
Beth and Brian Wiirre
Brent Williams
Lori Williams
Susan Bachinski Winner
Valrae Wolf
Darlene Wolfe
Tina Wosmek
Merle and Mary Wovcha
Mary Wright
Marjorie Youngren
Mary Wagner Zbaracki
Alma Zimmerman
Paula Zoldos

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Joanne Alreck
James Amato
Ann Anderson
Brian L. Anderson
Irene Anderson
Jackie Anderson
John Anderson
Karen and Bill Anderson
Karen Anderson
Marguerite Anderson
Peggy and Jim Anderson
Sue S. Anderson
Angie’s Closet
Anonymous

Maurice Antonson
Allan L. Apter
Beth Amson
Jason Averill
Brett and Adair Ballavance
Sheila Ballavance
Margaret Barlage
Wade Barnett
Tab Baumgartner
Marlyn and Les Beach
Tim Beatty
Ray and Mary Beaulieu
Marjorie Bee
Kathleen Beede
Cheryl Behling
Bender’s Shoes
Lindsey Benedict
Mary Benson
Eva Bergman
Marilyn Bero
Donna Bewley
Janet Block
Sarah J. Blockhus
Boat Club Restaurant & Bar
Laurie Boche
Zoran and Kim Bogojevic
Angie Bomier
Bradley Boos
Sharon Bourdeau
Mary Bowker
Charlotte Boyd
Patrice Bradley
Helen Brake
Robin Brazerol
Arthur Bringe
Julie Broman

Vlasta Brosell-Skala
Linda Brow
Monica Brown
Bea Brune
Greg Bryant
Robert Bubalo
Bulldog Pizza & Grill
Marilyn Burm
Marilyn Busse
Margaret Campbell
Canal Park Brewing Company, LLC
Barb and Steve Carey
Joan Carlson
Lynn Carlson
Richard and Barbara Carlson
Rod and Laurie Carlson
JoAnn Carmack
Castle Danger Brewery
Brenda Caya
Caywood Family
Wallace and Jeanette Chamberlin
Rodger Chase
William Cheslak
Jo Christensen
Dr. Ray Christensen
Adelaide Cline
Henry and Carolyn Collum
Marilyn Cook
Larry Coon
Country Craft Shed
Natalie Cozzi
Beverly Cran
Crooked Pint Ale House
Sylvia Crout-Brun
Barbara Currier
Danuta Czernia
Adlyne Dardis
Kathy Das
Alice Dee
Linda and George DeLegan
Harvey DeMarr
James Denno
Katharine and John DeVinck
Betty Dickenson
Dickey’s Barbecue Pit
Richard and Celia Dickson
Bill and Connie Dinan
Mary Lee Dinehart
Denny Douville
Dreamland Supper Club
Gordy and Becky Drum
Duluth Hockey Company
Nancy and Lynn Duncan
Jessica Durbin
Dust & Noise Woodworking
Eagles Nest Massage
Earth Rider Brewery
Ruth Ann Eaton
Patricia Ebel
Nancy Eilefson
Kathleen Eisenach
Colleen Elonen
William Eng
Engwall Florist and Greenhouses
Clarice Erickson
Elma Erickson
Jeanne Erickson
Nancy Erickson
Evergreen Lawn Service
Barbara Farmer
Craig Fellman
Jeff Fladmark
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Patricia Folkestad
Wallace and Sandra Fontaine
Ray and Marie Franckowiak
Ruth Frederick
Raymond and Emily Fredrick
Donovan Frye
Luella Gannarelli
Joseph Garson
Andrea Geary
John Geddie
Cathy Geist
Ellora Gherna
Raymond Gibson
Norene Gilbertson
Glensheen
Tom Goar
Joyce Goldberg
Vicki Goode
Peggy Goodwin
Grand View Golf Links
Willa Grandaw
William and Barb Gravelle
Great Harvest Bread Co.
Great Lakes Aquarium
Great Lakes Candy Kitchen
Green Mill Pizza
Pam Green
Shirley Green
Elaine Greenfield
Donna Griffin
Grizzly’s Grill N’ Saloon
Catherine Gunderson
Wayne and Linda Gustafson
Lois Hagen
Judith Haglin
Debbie Hahn
Sharon Hahn
Lottie and Thomas Haller
Valaree Hammond
Claudine Hansen
Bruce Hanson
Ken and Mari Hanson
Sharon Hanson
Richard Hantz
Mike Happe
Beverly Haugejorde
Susan Haver
Ric and Joyce Hegg
Shane Hehir
Robert Helgeson
Corrine Helmen
Dan and Beth Hestetune
Peter and Karen Hildre
Dawn Hill
Paulette Hill
Sharon Hill
Jean Hinzmann
Heather Hoey
Deb and Art Hoff
Paul and Marcia Hoff
HOM Furniture
Husby Pottery and Glass
Incline Station Bowling Center
Iron Range Carpet and Upholstery Cleaning
Elaine Irvin
Ann Jackson
Mary Jacobson
Julie Jago
Sylvia Jamar
Chris and Carolyn James
Cindy James
Mary Jarvi
Joni Jarvis
Charles Jensen
Phyllis Jensen
Muriel Johannessen
Audrey Johanson
Audrey Johnson
Beverly Johnson
Chester Johnson
David and June Johnson
Donna Johnson
Doris Johnson
Duane Johnson
Eleanor Johnson
Jackie Johnson
Joe Johnson
Julie Johnson
Karen Johnson
Kathy Johnson
Kurt and Susan Johnson
Norma Johnson
Peggy Johnson
Sharon and Dave Johnson
Shirley Johnson
Steven Johnson
Ruth Kalland
Margaret Kaptonak
Barbry Karich
Bev Kaufmann
Sharon K. Kelekovich
Lynda Keller
Chuck Kessler
Diane Kettelhut
Carol King
Elizabeth King
BettyMae Klein
Carolyn Kleiner
Sandra Kleiner
Raymond Klosowski
Betty Jane Knutson
Dr. Arlyn A. Koeller
John Korzendorfer
Paul and Joan Krause
Lori Krauss-Rintala
Dorothy Kray
Bob and Katie Kuettel
Mardell Lackner
Larry LaFave
Neal Lahti
Lake Avenue Restaurant & Bar
Lake Superior Art Glass
Marilyn Lamoureux
Toni Landgren
Neal Lano
Gary C. Larsen
Jack Larson
Mary Laverdiere
Cade Ledingham
Walt and Judy Ledingham
Kris Lee
Marcia Leejoice
Kelly Leno
Annie Leusman
Stephanie Donnellan Licari
Bruce Lind
Darryl and Anita Lisowski
Derek Locker
Bev Lorentson
Lotus on the Lake
Angela Loven
VOYAGEURS CONT. ($1-$99)

Muriel Lucia
Lucius Woods Performing
Arts Center, Inc.
Patricia Luder
Joanne Ludwig
Cindy Lundeen
Marilyn Lundquist
Elizabeth Lyle
Gloria and Tom Lyle
Patricia Lynch
Eileen MacKenzie
Ralph and Mary Anne Mader
Gail Maderich
Cletus and Ellen Magsamen
Irene Maio
Marvin and Irene Maki
Sharon L. Maki
Virginia Mancini
Michael Mangan
Patricia Maristo
Kathleen Marciniak
Ann Mars
Marshall Hardware
Jan Masterjohn
Clarence and Mary Ann Mattson
Marcella McCollum
Charlene McConnell
Doug McDonald
Linda McGiffert
Ken and Nancy McKenna
Susan McLennan
Jane Meehan
Sharon Merhman
Mertz-Rookey Insurance Agency
Kristen Mesedahl
Judy Mester
Reg and Wendy Meyer
Dr. Rebecca Meyerson
Mike Locker Innovations
Michelle Miller
Patrick Miner
Joe Moody
Mavis Moran
Judy Morgan
Roshelle Morrison
Mary Morrow
Matt Mulliner
Joe Murphy
Mary Myre
Gwen Nelson
Nancy Nelson
Roger Nelson
Skott Nielsen
Thomas Nikkola
Jean Ninefeldt
Sally Noonan
Sue Norberg
Beverly Nordwall
Eugene and Dorothy Norlander
North Shore Scenic Railroad
Northwest Outlet
Mary Ellen Nuorala
Jim and Carlie Nynas
Ruth Nystrom
Nancy Odden
Linda Oleskii
Carol Oleson
Robert and Christine Ostby
Nancy Otos
David Pajunen
Margie Palumbo
Joan Parenteau
Albert and Lynda Parrella
and Jim Nichol
Richard Parteka
Anna Pearson
Carol Pearson
Colette Pearson
Robert Pearson
Rhoda Pearthree
Jamie Perfetti
Perk Place Coffeehouse & Bakery
Elsie Pernat
Carol Perttula
Allison Petell
Barbara Peterson
David Peterson
Geri Peterson
Kristie A. Peterson
Raymond Peterson
Susan Peterson
Walt Peterson
Maxine and Coral Phelps
Rocky Pihalaja
Joan Pince
Becky Plackner
Mindy Plaisted
Laurel Porter
Tanya Prachar
Proctor Golf Course
Joe Pucel
Roberta Radford
Angela Mary Radniecki
Roger and Nancy Ralston
Jean Rasanj
Lance Reasor
Darcy Rees
Andy Reierson
Philip Reilly
Michael and Marty Rengel
Toni Roberts
Pam Roth
John Rouleau
Allen Ruff
Marianna Rukavina
Runa Yoga
Vickie and Joe Russell
David Rutford
Richard Rysman
Elaine Sadler
Amber Sadowski
Joanne Saiko
Sammyboycinc.
Carol Mae Sandstrom
Ronald and Eileen Sangster
Marcella Sarberg
Jon Sarkela
Margaret Scandin
Kathy Schafer
Vincent Schmidt
Patricia Schmitt
Carol Schreck
Wayne B. Schumacher
Phyllis Seafolk
Dr. and Mrs. Thomas R. Seidelmann
Steve Seliga
Jane Seybolt
Dustin Sieben
Dale and Mary Siemsen
Bonnie Sipes
Sir Benedict’s Tavern on the Lake
Delores Sitek
Lorna Sjodin
VOYAGEURS CONT. ($1-$99)
Catherine Skamarycz
Frances Sloan
Clayton Slocum
Linda Smith
Nancy Smith
Carol Sogard
Karen Sohlstrom
Solve Entertainment
Kerry Sopoci
Charlotte Sorman
Peter and Donna Sosnowski
Cheryl and Brian Spehar
Spring At Last Greenhouse
St. Luke’s Advanced Wound Care and Hyperbaric Center
St. Luke’s Gift Shop
Jim and Debi St. Marie
Greg St. Onge
Roxanne Stahl
Connie Stanley
Margery Stanley-Meyer
Betty Starcevic
Gaye Stariha
Peter and Darlene Staudohar
Donald and Elizabeth Stellmaker
Stewart’s Bikes & Sports
Catherine Stoch
Mary Stoj
Becky Byers Strand
Virginia Strang
Don and Mary Streufert
Clare Stromlund
Robert Strukel
Richard Stuart
Sullivan Candy & Supply
Lucille Sullivan
Superior Animal Hospital and Boarding Suites, LTD
Superior Images North
Superior Public Museums
Arnold and Shirley Swanson
Carol Swanson
Carolyn Sweeney
Ladonna Swenson
Linda Anderson Taber
Jacob and Kaye Tanttari
Lois Taylor
The Snow Goose
Kathanne Thompson
Sandra Thomson
Ruth Thorpe
Monica Tikkanen
Janet Timo
Toasty’s
Doris Toms
Bernard Tomzak
Shirley Tradshull
Jerry Tschida
John Vallez
Mary Van Evera
David Van Guilder
Dennis and Kathy Velander
Darlene Virta
Vitta Pizza
Sandy Wakefield
Janny B. Walker
Kathleen Walkowiak
Richard and Margaret Wallin
Scott and Heather Wallin
Jennifer and Jim Wallner
Marcy Wallner
Mike Wallschlaeger and Charlene Peterson
Ruth Weiby
David and Nancy Werner
Whimsy – A Children’s Boutique
Lisa White
Whole Foods Co-op
Richard and Rita Wiegel
Maggie Wilson
Lois Witzig
Reverend Steve Wlosinski
Ben and Barry Wolfe
Rosie Wood
Sandra Wright
Yarn Harbor
Yoga North
Zeitgeist Arts, LLC
Steven Ziells
Carol Ziemer
Robert Zimmerman, Sr.
Elizabeth Zylka
# 2018 Financials

<table>
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<th>Category</th>
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<td>Assets</td>
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<tr>
<td>Grants</td>
<td>$769,031</td>
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</tbody>
</table>
2018 LEADERSHIP

Catherine Carter Huber
  Executive Director and Chief Philanthropy Officer

Rebecca Lindberg
  Development Associate

Laurie Johnson
  Coordinator

John Strange
  St. Luke’s President/CEO

Eric Lohn
  St. Luke’s Vice President/CFO

2018 BOARD OF DIRECTORS

Helena Jackson – Chair
Scott Lyons – Vice Chair
JC Welles – Treasurer
Lizette Lawien – Secretary
Ted Harwood, MD – Past Chair
Paul Sanford, MD – Medical Director
John Cloutier
Steven Dastoor
Susan Goltz, MD
Edwin Hall
Lindsey Jacobson
Pakou Ly
Jason McCaffrey
Del Prevost
Roni Salo
Carmen Wendland
JOHN STRANGE
IN GRATITUDE FOR YOUR LEADERSHIP

During his years at St. Luke’s, former President/CEO John Strange had a saying he was known for. When asked how he was doing, he would often reply, “I’m just a ray of sunshine!” Along with being an accurate reflection of John’s character, that saying was a hallmark of his administration as a whole. John served as St. Luke’s President and Chief Executive Officer for 24 years. Prior to that, he spent four years as Chief Financial Officer. By the time John retired in February 2019, St. Luke’s had grown from a small hospital to a regional healthcare system.

John’s ray of sunshine helped St. Luke’s grow into what it is today. We would like to recognize this organization’s success under his leadership and thank him for all he has done. His legacy will be remembered at St. Luke’s for years to come.
Coming together to give is crucial to St. Luke’s Foundation and its mission. All gifts, no matter the size or method of giving, contribute to advancing our reach. Gift-giving options are listed here for your consideration.

WAYS TO GIVE

WAYS TO GIVE

OUTRIGHT GIFTS

Often the easiest to arrange, many donors support us with gifts of cash, checks, credit cards (VISA, MasterCard, American Express, Discover), securities or stocks, real estate, or in-kind gifts.

LIFE-INCOME GIFTS

One of the following trust options may be the best fit for you:

- Charitable Remainder Annuity Trust: A trust that pays a set income annually.
- Charitable Remainder Unitrust: A trust that pays a fixed percentage of the trust’s assets.
- Charitable Lead Trust: A trust that pays a fixed or variable income to St. Luke’s Foundation for a set term, and then passes to heirs.
BEQUESTS IN WILLS

Please tell us if you have named St. Luke’s Foundation in your will. We would love the opportunity to share our appreciation.

Sample bequest language for St. Luke’s Foundation:

“I, (name), give, devise and bequeath to St. Luke’s Foundation (written amount or percentage of the estate or description of property) for its unrestricted (without conditions attached) use and purpose.”

If you want to restrict your bequest, please consult with St. Luke’s Foundation when you make your will to be certain your intent can be accomplished.

GIVE ONLINE

Visit slhduluth.com/foundation and click “Make a Donation.”

For more information on how you can support the mission of St. Luke’s Foundation, please contact Catherine Carter Huber. We would be honored to work with you to ensure that your wishes are carried out in the manner that best meets your needs. | ccarterhuber@slhduluth.com | 218.249.2420

Life Insurance

Name St. Luke’s Foundation as the beneficiary for income tax deductions.

RETIREMENT PLAN

Name St. Luke’s Foundation as the beneficiary of the remainder of the assets after your lifetime, avoiding a heavily taxed gift to heirs.

RETAINED LIFE ESTATE

Designate the ownership of your home to St. Luke’s Foundation while you retain occupancy.

GIVE BY SMARTPHONE

Text STLUKES to 41444 to give from your smartphone.

GIFTCALCS PLANNER

GiftCalcs Planner is an interactive tool that lets you run sample gift calculations and their financial benefits to you. Visit slhduluth.com/foundation.

RETAINED LIFE ESTATE

Designate the ownership of your home to St. Luke’s Foundation while you retain occupancy.

This information is not intended as legal, tax or investment advice. For such counsel, contact an attorney or tax or investment professional.