



# St. Luke's

## Rejuvenation Center

### Skincare Services

#### iS Clinical Facial Treatments

- **Fire & Ice Facial | \$95**

This infamous and clinically formulated treatment gently resurfaces and rejuvenates the skin with little-to-no downtime. Through a multiple-step process of exceptional results-driven masks, serums and hydrators, this treatment will reveal a stunning, youthful glow.

The “fire” phase of this facial uses glycolic acid to encourage the exfoliation of the skin. It also contains green tea extract with anti-inflammatory properties to inhibit DNA damage, and powerhouse antioxidant vitamin A to improve collagen synthesis and promote wound healing. In addition, the niacinamide in this mask promotes microcirculation, which gives energy to your cells to help them perform their functions and improves the appearance of large pores.

The “ice” phase of this facial is refreshing, soothing and ultra-hydrating. It’s packed with hyaluronic acid to lock in moisture, and contains aloe leaf juice to promote wound-healing and collagen synthesis. It also contains licorice root with anti-inflammatory properties to help with pigment issues. Finally, grapeseed, rosemary and green tea extracts provide potent and soothing antioxidant benefits.

After the mask treatments are removed, multi-benefit serums are applied to the face, neck and décolletage. Advanced lip and eye treatments, as well as all-over hydration, are then applied in a relaxing facial massage.

#### Treatment Benefits

- Softens the look of fine lines and wrinkles
- Reduces acne scars and lightens dark spots
- Smooths away rough, textured and congested skin to reveal luxuriously smooth, soft skin
- Evens skin tone and gives an irresistible glow

#### Skin Types That Will Benefit From This Treatment

- Oily
- Dry
- Combo
- Acne-prone
- Sun damaged
- Dull or congested
- Textured
- Aging or mature

- **Fire & Ice Facial cont.**

What to know before your treatment:

- Not recommended for compromised or sensitized skin, or skin with open lesions.
- Not recommended for those currently undergoing cancer treatments or accutane/roaccutane users.
- Unlike other chemical treatments, this facial does not require any downtime.
- You should avoid waxing or any other laser usage on your skin for about 48 hours prior to this treatment. You will also need to stop using your daily skin care products that contain vitamin A, glycolic acid, or any other ingredients that are used for resurfacing 3 days prior to treatment.
- A series of 3-6 treatments 4-6 weeks apart is recommended for this treatment.

- **Foaming Enzyme Treatment | \$75**

This is often referred to as our 'Champagne Facial.' This soothing, yet potent mask system combines papaya and pineapple enzymes with a potent glycolic acid. This treatment produces a luxurious foaming activity that 'fizzes' on the skin while bioactive ingredients exfoliate and deeply clean the pores, revealing a healthy and glowing complexion for days.

Skin Types That Will Benefit From This Treatment

- Dull
- Aging
- Congested
- Blemish-prone or acne-scarred

What to know before your treatment:

- This treatment includes extractions if needed.
- Add a dermaplaning treatment for \$40.
- It is recommended to receive this treatment every 4-6 weeks to get the best results.

- **Exfoliating Clear Skin Treatment | \$75**

This advanced skin treatment is designed to gently exfoliate the skin while also soothing and nourishing it. This dramatically effective facial deep-cleans and polishes the skin to minimize the appearance of enlarged pores and congestion, revealing new, healthy skin.

Skin Types That Will Benefit From This Treatment

- Dull
- Oily
- Congested
- Blemish-prone or problematic

What to know before your treatment:

- This treatment includes extractions if needed.
- Add a dermaplaning treatment for \$40.
- It is recommended to receive this treatment every 4-6 weeks to get the best results.

- **Honey Enzyme Facial | \$75**

This ultra-rejuvenating facial provides superior hydration and antioxidant benefits with a lymphatic drainage massage incorporated into our treatment. During this treatment, we also incorporate a gentle tri-active exfoliant to reveal a brighter, revitalized complexion. Your skin will be smooth, hydrated and glowing after this facial.

Skin Types That Will Benefit From This Treatment

- All skin types

What to know before your treatment:

- This treatment includes extractions if needed.
- Add a dermaplaning treatment for \$40.
- It is recommended to receive this treatment every 4-6 weeks to get the best results.

- **Harmony Facial | \$75**

This soothing and nurturing facial was curated to awaken the senses, restore hydration balance, renew tone and strengthen the skin's barrier. This facial revives tired, fatigued skin by providing a full face, neck and décolletage treatment that focuses on relaxing all the senses. Intensely hydrating Body Complex is then applied in a full hand and arm massage, while a rejuvenating mask is used to treat the face, neck and décolletage.

Skin Types That Will Benefit From This Treatment

- Skin stressed from chemotherapy treatments
- Dry or barrier-impaired skin

What to know before your treatment:

- This treatment includes extractions if needed.
- Add a dermaplaning treatment for \$40.
- It is recommended to receive this treatment every 4-6 weeks to get the best results.

**Eye Bright Treatment | \$30**

This treatment allows you to upgrade any of our facial services to target fine lines, wrinkles, dark circles and puffiness around your eyes. Using our most advanced serums, masks, and complex treatments we can restore vital hydration and nutrients back into the thinnest, most delicate skin on the body. This provides an instantly noticeable improvement as well as long-term, lasting results. It is recommended to receive this treatment every 4-6 weeks to get the best results.

**Dermaplaning | \$80**

Dermaplaning is a non-invasive manual exfoliation treatment that removes dead skin cells and vellus hair (peach fuzz) from the skin. The serums and masks that are massaged into the skin after dermaplaning are able to penetrate deeper, resulting in silky smooth and glowing skin. This treatment also helps with your daily makeup application, resulting in a smoother appearance. We can add a facial treatment or chemical peel with this service for extra exfoliating and product absorption. This treatment is good for most skin types. It is recommended to receive this treatment every 4-6 weeks to get the best results.

### **SkinPen | \$295 or Package of 3 for \$799.95**

Microneedling, also known as collagen induction therapy, is a minimally invasive procedure that uses fine needles to create microscopic channels in the skin that causes the body to produce new collagen and elastin. Essentially, we are 'tricking' the skin to work harder for you! There is a significant improvement in skin texture and firmness, as well as a reduction in acne, scars, pore size and stretch marks.

### **ZO Skin Health's Rozatrol Booster | \$75**

This serum may be added to a SkinPen treatment. This serum is specifically designed to relieve red, sensitized skin.

### **ZO Skin Health's BRIGHTALIVE Booster | \$75**

This serum may also be added to a SkinPen treatment. This serum is specifically designed to brighten skin tone and lessen the appearance of discoloration for an instant glow.

#### What to know before your treatment:

- We offer this treatment for the face, neck, décolletage and areas of skin with stretch marks.
- This treatment does not have downtime, but it is recommended that you wait to resume your normal routine until 24 hours after your treatment.
- Redness will typically fade within the first 48-72 hours after treatment. Peeling is normal, varies case-by-case, and may last a few days after the procedure.
- A series of 3-6 treatments, spaced 4-6 weeks apart is recommended to see the greatest results.

### **PRP SkinPen (Vampire Facial) | \$600 or Package of 3 for \$1,620**

When Platelet Rich Plasma (PRP) is partnered with microneedling, it produces absolutely phenomenal results. This treatment starts with drawing a blood sample. This sample is then placed into a centrifuge that will spin and separate the plasma from the blood cells. The plasma contains high concentrations of stem cells, platelets and growth factors that help to stimulate collagen and elastin production.

#### What to know before your treatment:

- PRP targets facial aging such as loss of volume and sagging jowls, and is used to treat and firm sagging skin in the neck and décolletage.
- PRP is also used in the eye area to target hollowness, puffiness and dark circles.
- A series of 3-6 treatments, spaced 4-6 weeks apart is recommended to see the greatest results.

### **Microdermabrasion | \$100**

Our DiamondTome Resurfacing microdermabrasion is a manual exfoliating treatment that uses a diamond-tipped wand and vacuum to remove dead skin cells and excess oil or dirt in the pores. This treatment improves the skin's texture and is especially helpful for congested skin. It also softens scarring, improves the look of pores, aids in the removal of blackheads and minimizes fine lines. This treatment revives dull, dehydrated or problematic skin by removing the top layers of dead cells. Using this type of manual exfoliation, we reveal refreshed, silky smooth skin.

## Microdermabrasion, cont.

### What to know before your treatment:

- You may add this to a facial treatment.
- A series of 3-6 treatments, 4-6 weeks apart is recommended for best results.
- This treatment is good for most skin types and requires no downtime.
- Add a dermaplane treatment for \$40.

## Chemical Peels

A chemical peel is a great way to promote cellular turnover. It also improves skin texture and tone, blemishes, acne-scarring, sun damage or spots, and fine lines and wrinkles. We offer a variety of light, medium and deep medical-grade peels to target these concerns. Your skin's condition and desired outcomes will help to determine which chemical peel is best for you.

- **ZO Skin Health's 3-Step Peel | \$350**

This peel uses exfoliants, retinol and multi-action agents to help improve skin health and lessen the signs of aging. The peel is done in-office, and an at-home treatment is used to combat the signs of aging and skin discoloration.

- **ZO Skin Health's Stimulator Peel | \$100**

This innovative alpha hydroxy acid peel is a perfect "lunchtime" treatment. It stimulates cell turnover, reduces fine lines and wrinkles, and significantly improves overall skin tone, texture and clarity without any downtime!

- **Skin Medica's Illuminize Peel | \$150**

The gentlest SkinMedica peel is perfect for first time chemical peel patients. It's also a great option for patients who have mild skin imperfections and are looking for a brighter, more radiant complexion with no downtime.

- **Skin Medica's Vitalize Peel | \$250**

This chemical peel helps fight the effects of aging, sun damage and environmental damage. This is a great treatment for those with mild to moderate skin conditions, as it can be customized for each patient's individual needs. This chemical peel targets age spots, sun damage, fine line and wrinkles, melasma and other pigmentation concerns, scarring, large pores and textured skin.

Downtime varies from patient to patient. Most commonly, patients peel 48-72 hours after the procedure, and this can last 2-5 days. Patients will see noticeable results after one treatment, but it is recommended to get 3-6 peels for the best results.

## Revision Facial Treatments | \$80

These treatments are great for all skin types and can be curated for your skin's specific needs.

- **Hydrating Treatment**

After this facial, your skin will be noticeably smoother and plumper with a decreased appearance of fine line and wrinkles. This treatment delivers hydration and moisture to the skin, while also calming and soothing with hyaluronic acid and botanical extracts.

- **Brightening Treatment**

Designed to brighten the skin and improve texture with naturally exfoliating fruit enzymes, this facial will leave your skin brighter and more vibrant. It will also feel noticeably smoother and softer to the touch.

- **Purifying Treatment**  
This deep-cleansing treatment detoxifies the skin with natural clays and freshwater silt. Afterwards, your skin will be polished and your pores will have a more refined appearance.
- **Multi-masking Treatment**  
This treatment was created to address your specific skin needs, area by area. Afterwards, your skin will be polished and hydrated, and your pores will have a more refined appearance.
- **Exfoliating Treatment**  
This facial eliminates dull, dehydrated skin cells with multiple fruit acids that improve texture and allow better penetration of treatment products. Afterwards, your skin will be smooth, radiant and refined. The appearance of fine lines and wrinkles will also be softened.

## Waxing Services

- Eyebrows | \$15
- Underarms | \$20
- Arms | \$40
- Lower Legs | \$40
- Bikini | \$40
- Brazilian | \$50
- Back | \$40
- Upper and Lower Legs | \$70

## Cosmetic Services

**Lash Lift | \$60    Lash Tinting | \$25    Lash Lift & Tint | \$80**

Our technique lifts your natural eyelashes, making them look longer and fuller. It is a fantastic alternative to eyelash extensions and gives you a 'no makeup' look.

**Brow Tinting | \$20    Brow & Lash Tinting | \$40**

Tinting helps to enhance the color, shape and thickness of your eyebrows. We customize the color to complement your hair and skin complexion.

**Glo Skin Beauty Makeup Application | \$40**

Customized, full-face makeup application

**Glo Skin Beauty Makeup Lesson | \$40**

Bring your own makeup bag to learn tips and tricks for your daily beauty regimen.