

# Should I Get Tested for COVID-19?

People who have COVID-19 symptoms should be tested. People who do not have COVID-19 symptoms generally should not be tested, unless they have been exposed to someone with COVID-19, or have been instructed to be tested by a healthcare provider. To find out if you qualify for testing, answer the following questions.

## **Do you have any of the following symptoms? Check all that apply.**

- |  |   |
|--|---|
| <input type="checkbox"/> Cough                                       | <input type="checkbox"/> Headache                   |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Sore throat                |
| <input type="checkbox"/> Fever or chills                             | <input type="checkbox"/> Congestion or runny nose   |
| <input type="checkbox"/> Muscle or body aches                        | <input type="checkbox"/> Nausea or vomiting         |
| <input type="checkbox"/> Fatigue                                     | <input type="checkbox"/> Diarrhea                   |
|  | <input type="checkbox"/> New loss of taste or smell |

## **Has public health told you that you were in contact with someone known to have COVID-19?**

YES            NO

## **Have you been within 6 feet for longer than 15 minutes of a confirmed positive COVID-19 person?**

YES            NO

## **Has your physician or another healthcare provider ordered a test for you?**

YES            NO

If you have 1 or more symptoms or answered yes to any of the above questions, go to **St. Luke's Respiratory Clinic** to be evaluated, unless a healthcare provider has instructed you to go to another location. Learn more at [slhduluth.com/RespiratoryClinic](https://slhduluth.com/RespiratoryClinic)

For additional testing options, visit [slhduluth.com/COVID19](https://slhduluth.com/COVID19)

## **If you are tested:**

- You will get your test results in a few days.
- Isolate at home and remain greater than 6 feet from others until you receive your results AND your symptoms improve.

If you need further guidance, talk to your primary care provider.

This information is based on recommendations from the Minnesota Department of Health, July 10, 2020. For more information, visit: <https://mn.gov/covid19/for-minnesotans/if-sick/get-tested/index.jsp>

