The Patient. Above All Else.
2013 Annual Report
Dear friends,

The Patient. Above All Else. Our mission remains clear, and we are most grateful for your partnership in this perennial purpose. Thank you for your resounding demonstration of compassion for patient care, health education and clinical research through St. Luke’s Foundation.

Our 2013 annual report highlights the enormous role you play in the comfort and care of our patients—from the smallest reliefs to transformative health care technology. Your hand is seen in the many ways St. Luke’s is able to serve patients and families, including in St. Luke’s Regional Cancer Center’s Infusion Therapy Clinic expansion, our state-of-the-art simulation lab education center, in research for greener medical equipment and so much more. Our Foundation friends throw stones (House of Hearts Curling Bonspiel), walk (Morgan Park Walk for Hope), rock (Women Rock), swing (golf tournaments) and share their gifts in countless ways to help raise awareness and resources for those in need.

Through your generosity we are able to make a real difference in the quality of life throughout our region. We are humbled by your strong support, and every single day bear witness to the hope and high returns generated through your investment.

In Gratitude and Good Health,

Kim Keuning, Chair
Catherine Carter Huber, Executive Director
John Strange, St. Luke’s CEO
Mission
St. Luke’s Foundation provides financial support to St. Luke’s and the region it serves to advance patient care, health education and clinical research.
In addition to two private infusion therapy suites and a vital signs machine, generous donors also provided specific Fund-A-Need support for…

Semi-private infusion therapy areas
Donated by:
Peter and Sally Sneve
Rob and Diane Link
in honor of Ron Franzen

Additional infusion therapy treatment chairs
Donated by:
Dr. Mary Boylan and Patrick Maloney
Tom and Carlyle Conrad
Dick and Millie DeBolt
Lizette and John Lawien
Elisabeth C. Mason
Dr. Scott and Sarah Mikesell
Melissa Swor

Computers on Wheels
Donated by:
Dave and Cari McMillan
Phil and Mary Sneve

IV Pumps
Donated by:
Drs. John and Jocelyn Bollins
Laura Budd
Jerry and Carol Carlson
Edwin and Sherry Hall
Dr. Wade and Julie Ann Kubat
Rebecca Lewis
Mike and Melinda Machones
Robert Mason
Dr. Scott and Dana Varland
Bob and Helga Wallner
Jon and Kathy Welles
Bob and Ruby Zallar

Televisions
Donated by:
Doug and Jennifer Lewis
John and Mary Thomas
Dr. James and Jacquie Sebastian
Dr. Jeff and Kari Speer

Greater comfort and privacy for St. Luke’s patients during infusion therapy

Infusion therapy delivers medicine or nutrition intravenously. For cancer patients, it means spending hours in a treatment chair while receiving chemotherapy. St. Luke’s Foundation’s 10th Annual Circle of Light gala raised the funds to support the expansion of the infusion therapy clinic at St. Luke’s Regional Cancer Center. The improvements were designed to enhance patient care, provide treatment for more patients and improve the clinic space.

Along with improvements to the patient care areas, the expansion also added three new physician offices, provided nurses with a new nursing station, satellite work pods and new flooring. Physicians and nurses now have more tools for patient care, the clinic can increase the number of patients treated each day, and patients can receive infusion therapy with greater comfort and privacy if they need it.

2013 Funding Highlight

$122,000
Telemonitoring provides quality care for St. Luke’s patients at home

In 2013, St. Luke’s Home Care Services’ experienced staff—including nurses; physical, occupational and speech therapists; social workers; home health aides; and homemakers—made more than 13,210 home patient visits and traveled roughly 190,500 miles. But they needed an additional tool, a wireless telemonitoring system, to help ensure they were available for patients who no longer had a land line telephone. Thanks to a generous $50,000 grant from the Verizon Foundation, wireless monitors were provided for patient homes.

Each monitor:
- Has stand-alone functioning similar to a cell phone
- Monitors heart rate, blood pressure, weight and blood oxygen saturation
- Gives patients clear and simple directions on how to measure vital signs
- Provides reminders to patients and asks key questions, such as, “Are your ankles swollen today?”
- Uses a secure data line to transfer patient information
- Is monitored by a nurse in the home care office or after hours from their home

St. Luke’s Home Care Services nurses received additional training on the system to:
- Develop patient questions and specific patient parameters
- Run customized patient reports

Home telemonitoring allows people to remain independent in their homes. People are more active participants in their care, and it gives families peace of mind, knowing that St. Luke’s Home Care Services is monitoring their family member. Most importantly, it helps improve patient outcomes by allowing for quicker assessments and more timely medical intervention to decrease hospital readmissions.
Real-world learning with life-like patients: Simulation Lab Education Center

If you ever took first aid training in high school or college, you may remember Resusci Anne, the training mannequin designed to help people practice cardiopulmonary resuscitation (CPR). Resusci Anne was an early version of a human patient simulator. Today’s human patient simulators use advanced technology to mimic realistic patient responses to medical situations. St. Luke’s now has a state-of-the-art Simulation Lab Education Center, where health care professionals can practice critical care, cardiac care, emergency medicine, respiratory care, anesthesia and maternal child health care in a supportive learning environment.

Funds provided the education center with:

A realistic hospital room for interactive learning with two human patient simulators: an adult male and a baby
A control room for instructors to control medical situations and to observe and measure learner responses
Video and other technology that allows learners to view their actions and improve their skills

The courses are approved and accredited, and allow registered nurses, physicians, emergency medical technicians and paramedics to maintain their advanced care certifications in a realistic learning environment with life-like patients.

$25,000

An anonymous gift in honor of the class of 1963, St. Luke’s School of Nursing
Developing a new, cost-effective instrument for use by physicians

Video scopes are in common use across the St. Luke's system. Physicians and surgeons use them to diagnose and treat a variety of conditions. Each scope is not only expensive to purchase but also to maintain because it must be cleaned and sterilized after each use. Dr. Joseph Martinelli, St. Luke's Pulmonary Medicine Associates, thought there must be a way to create an affordable, multipurpose video scope with adaptable accessories. Working with the engineering department at the University of Minnesota Duluth, Dr. Martinelli and the team came up with a plan for video scope development. With the help of a St. Luke's Foundation grant, Dr. Martinelli and his team are ready to fabricate a next-generation video scope.

Grant funding provides:

Design for a portable, hand-based video scope, including:

- Ability to function with portable power supplies
- Capability for advanced video technology, with potential wireless use
- Adaptive, disposable components that can be used by multiple medical specialties and manufactured at low cost

This stage of research will result in the formal design and written specifications for a portable video scope. The project offers a unique opportunity for St. Luke's and UMD students to advance medical equipment, with the hope that the successful device will be manufactured and used to help patients not only at St. Luke's but worldwide.

$14,454

Development of a next-generation video scope
Thank you to the many volunteers and participants who supported St. Luke’s Foundation throughout the year at a variety of engaging events. Here’s a sampling of some of the events:

12th Annual House of Hearts Celebrity Bonspiel

This annual bonspiel tournament raises funds to improve care for cancer and cardiac patients at St. Luke’s. In 2013 the tournament raised over $22,000 in support of new echocardiograph machines.

Northland Country Club
Women’s League: “Tee It Up for a Great Cause”

In its second year, this tournament raised $3,050 to support St. Luke’s Breast Center.

9th Annual Women Rock

Each November Charter Media hosts a day of pampering, fun and education at Spirit Mountain to demonstrate to our community that Women Rock in the Fight Against Breast Cancer. In 2013, $33,248 (including proceeds from Como Oil & Propane’s “Project Pink” propane truck) were raised for St. Luke’s Breast Center.
The staff at Younkers Salon volunteered their time for an entire day, providing a full line of services to raise $4,400 for St. Luke’s Breast Center.

In May, Dr. Nicholas Van Deelen, St. Luke’s Emergency Department, presented *Synthetic Marijuana in the Northland* and discussed the abuse and impact on society, specifically in our region.

In October, Cassandra Beardsley, Executive Director, St. Luke’s Regional Collaborative, discussed Accountable Care Organizations and how ACOs impact health care providers and patients.

In December, Scott Poupore-Haats, St. Luke’s Mental Health Services, presented on Mindfulness-Based Stress Reduction to proactively manage stress, anxiety, depression and chronic pain.

Medical Milestones

Three luncheon programs provided interesting and timely information.

30th Annual Benefit Tournament

Featuring golf, croquet, tennis and bridge, the Benefit Tournament is the Foundation’s oldest fundraising event. Started in 1983, it takes place each July at Northland Country Club and raises money for St. Luke’s Foundation’s unrestricted grants program. In 2013, it raised more than $54,000.

10th Annual Circle of Light

The Foundation’s annual signature event celebrates health care excellence within St. Luke’s and our community. A record crowd attended, raising more than $122,000 to support the renovation and expansion of St. Luke’s Regional Cancer Center’s Infusion Therapy Clinic.
ST. LUKE’S

Celebrating the last baby born at St. Luke’s in 2013 and the first baby born in 2014

BAY AREA MEDICAL CLINIC

Tymanometer
Reach Out and Read program established with support from the Lloyd K. Johnson Foundation

ST. LUKE’S BREAST CENTER

Faxitron BioVision Surgical Specimen Radiography System
Books that help children understand cancer

ST. LUKE’S REGIONAL CANCER CENTER

Lodging for patient families
Regional Cancer Center Infusion Therapy Clinic Expansion
Wigs for cancer patients facing hair loss as a result of chemotherapy treatment
Gas cards and lodging for cancer patients, cancer support group, support materials and maintenance of the Cancer Center’s aquarium

ST. LUKE’S CARDBIAC REHABILITATION

Ergometer

ST. LUKE’S CHAPLAINCY

Portable communion set for home visits in memory of Evelyn Solberg

ST. LUKE’S EDUCATION DEPARTMENT

Acute Coronary Syndrome Conference, funded in part by the John W. Brickson Memorial Lecture Fund
18th annual EMS professionals education and recognition event
9th Annual Regional Congress on Women’s Health, funded in part by the Dr. Kay R. Lundberg Memorial Lecture Fund and the Dr. Donald and Leona Larson Fund
Staff leadership development training with Cy Wakeman
State-of-the-art Simulation Lab for training staff and other health care professionals, funded by anonymous donor in honor of St. Luke’s Nursing Class of 1963

ST. LUKE’S HOME CARE AND HOSPICE DULUTH®

Wireless telemonitoring system for home care patients who no longer have a landline telephone, generously funded by the Verizon Foundation
Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless of the ability to pay for services
GeoMats, pill boxes, scales, Home Care/Hospice library, and “Gone From My Sight” books and journals for the care and comfort of hospice patients and their families
Handmade quilts for hospice patients

ST. LUKE’S HILDING MEMORIAL MEDICAL LIBRARY

Online subscriptions for the Dr. Anderson Hilding Memorial Library

ST. LUKE’S INPATIENT REHABILITATION UNIT

“Hospitality in Dining,” a dining room for patients that is functional, aesthetically pleasing and homelike
Recumbent cross trainer for isolation gym

ST. LUKE’S INPATIENT MENTAL HEALTH UNIT

Furniture replacement for patient lounge and group meeting areas

ST. LUKE’S LABORATORY

Continuing education for Laboratory staff
Chairs for Pathology Department transcription staff

LAKE VIEW MEDICAL CLINIC

Reach Out and Read program established with support from the Lloyd K. Johnson Foundation

LESTER RIVER MEDICAL CLINIC

Vision screener
<table>
<thead>
<tr>
<th>Department</th>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>ST. LUKE’S MATERNAL CHILD HEALTH DEPARTMENT</td>
<td>Cart and canvas wall photos</td>
<td>$188</td>
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<tr>
<td></td>
<td>Nursery/Pediatric biliblanket</td>
<td>$3,076</td>
</tr>
<tr>
<td></td>
<td>Maternity suite furniture</td>
<td>$10,000</td>
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<td>Whiteboard communication for patient rooms</td>
<td>$7,500</td>
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<tr>
<td>ST. LUKE’S PEDIATRIC ASSOCIATES</td>
<td>Reach Out and Read program support from the Lloyd K. Johnson Foundation</td>
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<tr>
<td>ST. LUKE’S PHARMACY</td>
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<td>P.S. RUDIE MEDICAL CLINIC</td>
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<td>ST. LUKE’S PULMONARY MEDICINE ASSOCIATES</td>
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<td></td>
<td>Cardiac surgery education to prepare patients for surgery, ICU and cardiac care stays and rehab</td>
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<td>Electronic vital sign machine</td>
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<td>AMERICAN HEART ASSOCIATION</td>
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<td>Parenting the Teen Driver program</td>
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<td>Partner support for educational ultrasound for medical residents preparing for full-scope primary care medicine in rural communities</td>
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PROJECT LINUS
Handmade quilts made by volunteers and given to pediatric patients in St. Luke's Emergency Department and Pediatric Unit
$2,950

RED HAT RED HOT MAMAS CHAPTER #39569
Golf tournament tee signs
$50

SECOND HARVEST NORTHERN LAKES FOOD BANK
BackPack program
$1,000

SMALL THINGS FUND
Assistance to patients experiencing acute and/or emergent financial challenges
$787

WHITESIDE INSTITUTE FOR CLINICAL RESEARCH
Advancing clinical research in the areas of cancer, lung and heart disease
$266,879

$788,016
2013 Total Grants Awarded
Donors of 10 or more years

St. Luke’s Foundation is proud to present the following individuals, businesses and families and thank them for their continued contributions, touching our community for more than 10 years.

- 32 years
  Don and Nancy Moline

- 27 years
  Anonymous
  Minnesota Power - an ALLETE Company

- 26 years
  Liscomb Hood Mason Co.
  North Shore Bank of Commerce
  St. Luke’s CDI

- 25 years
  Verna and Arend Sandhuite
  Ben and Barry Wolfe

- 24 years
  Don and Jo Ann Hoag
  Phyllis James
  Laboratory Medicine Specialists of Duluth, PA
  Pearl Roux
  Wildey H. Mitchell Family Foundation

- 23 years
  Bob and Helga Wallner
  Warren and Harriet Williams

- 22 years
  John and Lynn Benson
  Ruth Ann Eaton
  Twin Ports Testing, Inc.

- 21 years
  Linda and Bob Basara
  Lail Beste-Michelson
  Richard and Kathy Johnson
  Gwen Nelson
  Doreen Roberts
  Linda Sjogren

- 20 years
  Allan L. Apter
  Donna Bergsten
  Suzanne Hargis
  Karen Johnson
  Rita Johnson
  Diane and Gerald Larson
  Roshelle Morrison
  Peter and Sally Sneve
  Vickie St. George
  John and Maxine Strange

- 19 years
  Zlata Bushey
  Caroline Bye
  Bob and Nancy Edwards
  Mary Gabrys
  Lanny Gower
  Tom and Toni Kasell
  Lynn and Dexter Nelson

- 18 years
  Dr. and Mrs. Arthur C. Aufderheide
  Clark and Julie Averill
  Sandra Bailey
  Dorothy Beck
  Julien Berntson
  Gale Bouchard
  Ron and Cher Franzen
  Wayne and Linda Gustafson
  Diane and Randy Haworth
  Dr. Tom and Maren Hustad
  Edna M. and H. Anna Jenks’ Charitable Fund of the Duluth Superior Area Community Foundation
  Kitty Jensen
  Mary Jane Kumsha
  Douglas H. and Judith H. Lewis Fund of the Duluth Superior Area Community Foundation
  Mrs. Mary Lewis
  John and Linda Luiten
  Christy Mahoney
  Muriel Whiteside Charitable Trust Fund
  Ron and Esther North
  Terry Olsen
  Mary Schultz
  Norbert and Fran Sloan
  Bonnie J. Swanoski
  Bob and Myrna Ulland
  Diane Vogel
  Jon and Kathy Welles

Donor names are listed as preferred by donors.
Drs. Ray and Maria Kundel
Mike Marturano
Gilbert and Ethel O'Leary
Schindler Elevator Corporation

17 years
Charlotte Lee
Marilyn Lehn
Doug and Jennifer Lewis
Elisabeth C. Mason
Mary Mulinuzzi
Brett and Kathy Osborne
St. Luke's Nursing Alumni Association

16 years
Sandra Barkley
Jean Elton Turbes
Sandra Essen
Dr. Walt and Kay Gower
Patti Jenkins
Greg Jubera
Joan Langseth
Pat Lear
Emmy Libal
Patty Minogue
Jan Parish
Shelia Petrovich
Steig Sabee
Margaret Scandin
Kathy Standfield
US Bank

14 years
Anonymous
Mark and Leigh Branovan
Marie Brown
Jeanne Doucette
John and Ann Clark
Jamar Company
Dr. Robert and Trinky Jarrett
Johnson, Kilen & Seiler, PA.
Jodi Korpela
Jennifer Nylund
Lois Opseth
Owens & Minor
Dr. and Mrs. Edgar Saldana
Dr. George and Diane Schaeznzer
Deb Viner

13 years
Kay Allen
Susan Bachinski Winner
Ruth Bakke
Jeff Conner
Donald Holm
Construction Co., Inc.
Art and Deb Hoff
Ellis and Lorraine Johns
Laurie and David Johnson
Sandy J. Lanthier
Lizette and John Lawien
Ledingham Promotional Advertising
Warren Lundeen
Jan and Dan McCarthy
Dr. Bryan and Renee Meyers
Mary Beth Mitchell
Dr. Mark and Elizabeth Monte
Julie Patton
Dr. John Schrock and
Mary Berube
Julie Spangenberg
St. Luke's Volunteers
Anthony Stuber
Dr. Jon Stephenson
Clare Stromlund

12 years
Charlotte Boyd
Catherine M. Carter
Huber and Carl Huber
Dr. David and Nancy Choquette
Patricia Engstrom
Mary Greene
Dr. Stephen L. Hadley
Shirley Helmen
Bunnie Katch
Mary Laverdiere
Mike and Melinda Machenes
Dr. David and Pat Mast
National Bank of Commerce
Vern and M. Nordling
Dr. Gary Peterson
Todd and Melissa Scia
Mary Shoestdt
Peggy Sklyondz
Peter and Patricia Stephenson
Polly Vaille
Drs. John and Linda Van Etta
Sophia Waxman
Willis of Minnesota, Inc.

11 years
Allen Aho
Dr. and Mrs. Waldo Avello
Tab Baumgartner
Rita Bovee
Sandra Carlson
Margaret Doig and Family
Kathleen Donovan
Shelley Fredrickson
Dr. Craig and Julie Gilbertson
Dr. Mark and Anita Goelner
Donna Hagensen
Marla and Juhi Halvorson
Laura Hanson
Mary Ann Harris
Dr. Curt and Rita Hutchens
Cindy James
Charles Jensen
Bruce Jestsen and
Dr. Gail Baldwin
Mary M. Johnson
Ann King
Dr. Timothy and Carol Kleinschmidt
Dr. Jay and Julie Knuths
Donald and Edna Leslie
Todd Lind
Cheryl Masterson
Michelle Miller
Pamela Myhrman
Allen and Marilyn Odean
Mary Pederson
ProPrint, Inc.
Dr. Tanya Repka
Marlene Risberg
Dr. Paul and Ann Sanford
Anne Schapman
Share Advantage Credit Union
Dan Sinclair
Donald and Elizabeth Stellmaker
Dick and Cecile Swenson
Mary Tessier
Lee Ann Tomczyk
Terri Warzyn
WDIO/WIRT-TV - Hubbard Broadcasting Foundation
Andrea Yrjanainen
Mary Wagner Zbaracki
Elizabeth Zylka

10 years
Drs. David and Judith Arvold
Dr. and Mrs. Johan Bakken
Myrna Benoit
Barb Boettcher
Marcia Bowker
Dr. Mary Boylan and
Patrick Maloney
Cheryl Brown
Dr. Brian Capps and
Dr. Nyasha Spears
Karen and Michael Cheslak
CliftonLarsonAllen, LLP
Dick and Millie DeBolt
Betty Dickenson
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Emma Haugen and her mother, Peggy Haugen: Morgan Park Walk for Hope

Twelve-year-old Emma Haugen and her mom, Peggy, organized the Walk for Hope for breast cancer patients in conjunction with the annual Morgan Park Community Picnic. Not only did the walk raise $1,237, but Emma’s efforts also earned her an additional $1,000 Youth Service America grant. All proceeds were donated to St. Luke’s Breast Center.
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Sally and Peter Sneve, long-time champions of Duluth and St. Luke’s, have supported the Foundation for 20 consecutive years. Sally volunteered at St. Luke’s for 18 years before attending nursing school. She worked at St. Luke’s for 20 years until she retired in 1994, and served on the Foundation board of directors from 1995–2004. Sally and Peter were honored at the 2013 Circle of Light as recipients of the “Friends” award.
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Coming together to give is crucial to St. Luke’s Foundation and its mission. All gifts, no matter the size or method of giving, contribute to advancing our reach. Gift-giving options are listed below for your consideration.

**Outright Gifts**
Often the easiest to arrange, many donors support us through gifts of cash, checks, credit cards (VISA, MasterCard, American Express, Discover), securities or stocks, real estate, and in-kind gifts.

**Life-Income Gifts**
One of the following trust options may be the best fit for you:

- **Charitable Remainder Annuity Trust:** A trust that pays you a set income annually.
- **Charitable Remainder Unitrust:** A trust that pays a fixed percentage of the trust’s assets.
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**Life Insurance**
You can name St. Luke’s Foundation as the beneficiary for income tax deductions.

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Name St. Luke’s as the beneficiary of the remainder of the assets after your lifetime, avoiding a heavily taxed gift to heirs.

**Retained Life Estate**
Designate the ownership of your home to St. Luke’s while you retain occupancy.

**Bequests in Wills**
Please tell us if you have named St. Luke’s Foundation in your will. We would love the opportunity to share our appreciation.

Sample bequest language for St. Luke’s Foundation:

“I, (name), give, devise and bequeath to St. Luke’s Foundation (written amount or percentage of the estate or description of property) for its unrestricted (without conditions attached) use and purpose.”

If you want to restrict your bequest, please consult with St. Luke’s Foundation when you make your will to be certain your intent can be accomplished.

**GiftCalcs Planner**
Giving online is easy. Visit [www.slhduluth.com](http://www.slhduluth.com) and click on the Foundation link. In addition to our online giving form, you’ll find our GiftCalcs Planner, an interactive tool that lets you run sample gift calculations and their financial benefits to you.

For more information on how you can support the mission of St. Luke’s Foundation, please call Catherine Carter Huber at **218.249.2420** or send an email to **ecarterhuber@slhduluth.com**. We would be honored to work with you to ensure that your wishes are carried out in the manner that best meets your needs. This information is not intended as legal, tax or investment advice. For such counsel, contact an attorney or tax or investment professional.

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Del Prevost
Jack Seiler
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Not pictured: John Cloutier, Tom Conrad, Helga Wallner

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Rebecca Lindberg
Development Associate, St. Luke's Foundation

Laurie Johnson
Operations Coordinator, St. Luke's Foundation

John Strange
St. Luke's President and CEO

Eric Lohn
St. Luke's Vice President and CFO

2013 Financials

$1,101,132
2013 Donations

$1,086,710
2012 Donations

$8,817,420
2013 Assets

$7,648,024
2012 Assets

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2013 Grants

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2012 Grants
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